

WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Bangers and Mash Served with Vegetables and Gravy	Veggie Chow Mein 🌱 🍷
TUE	Turkey Con Chilli 🍷 🌾 Served with Rice and Peas	Feta and Beetroot Burger 🌱 Served with Chipotle Wedges and Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie 🌱 🍷
THUR	Beef Bolognese 🍷 Served with Wholewheat Pasta and Peas	Vegetarian Sausage Casserole 🌱 Served with Mashed Potato and Vegetables
FRI	Breaded Fishwich Served with Chips and Vegetables	Trinidad Vegetable Rice 🌱

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad** 🌱 ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌾 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌾
Pepper and Houmous Wrap 🌱 🌾

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza

WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 11/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Mexican Beef Tortilla Pie 🌿❤️ Served with Wholegrain Rice and Salad	Veggie Chow Mein 🌱❤️
TUE	West African Chicken Rice ❤️🌿	Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl 🌱❤️🌿
WED	Chicken Sausage Pasta Bake Served with Side Salad	Veggie Burrito 🌱 Served with Chipotle Potato Wedges
THUR	Chicken and Vegetable Tikka Masala 🌿❤️ Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma 🌱🌿❤️ Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

● Moroccan Chicken Salad ❤️ ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿❤️🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap 🌱🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza

WEEK 3 MENU

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Bangers and Mash Served with Vegetables and Gravy	Chickpea and Vegetable Jalfrezi    Served with Wholegrain Rice
TUE	Steak Mince Pie  Served with Mashed Potato, Vegetables and Gravy	Vegan Chilli    Served with Wholegrain Rice and Peas
WED	Roast Pork with Stuffing and Apple Sauce Served with Roast Potatoes, Two Vegetables and Gravy	Black-eyed Bean Burger  Served with Garlic and Herb Wedges And American Slaw
THUR	Beef Bolognese   Served with Wholewheat Pasta and Peas	Vegetarian Tikka Masala    Served with Wholegrain Rice and Vegetables
FRI	Crispy Fish Finger Wrap Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges  Served with Peas and Baked Beans


WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza