

The Parents' Guide to Getting Ahead in the Summer Holidays *Suitable for parents of teens aged 14-19*

2021 has been another tricky year, students have experienced yet more disruption to their studies. As a parent, it's hard not to worry that the lack of face-to-face schooling has set them back, your thoughts are probably turning to what can be done during the summer to help your child catch up. Our advice is not to dwell on what they may have missed but focus on using the summer to boost their experience to help them prepare for the autumn term. This guide is packed with ideas.

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Includes information on:

1. Making the most of the summer holidays;
2. Boosting knowledge;
3. Researching apprenticeships;
4. Researching university courses;
5. Writing a personal statement;
6. Preparing to leave home; and
7. Protecting mental wellbeing.

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