# WEEK 1 MENU

W/C: 17/04, 08/05, 19/06, 10/07, 11/09, 02/10

|      | CHOICE   | CHQICE   | GRA<br>O   |
|------|--|--|--|
| MON  | <b>Bangers and Mash</b><br>Served with Peas and Gravy                                  | Plant Based Sausages<br>Served with Mash, Peas and Gravy   | • Roasted India  |
| TUE  | <b>Chicken Masala Naan</b><br>with Crispy Spiced Potatoes and Mint Yoghurt<br>Dressing | <b>Roasted Rainbow Vegetables ©</b><br>with Flatbread Fingers, Carrot and Coriander<br>salad and Houmous | SALADS:<br>Tuna and Swee<br>Pesto Pasta Sal<br>SANDWICHES/BA                     |
| WED  | <b>Roast Turkey</b><br>Served with Roast Potatoes, Vegetables and<br>Gravy             | Sweet Chilli Noodles 🛛   | Ham & Cheese<br>Chicken, Lettuc<br>Cheese Sandw<br>Ham Baguette<br>Cheese & Tomo |
| THUR | Sriracha Glazed Chicken Burger<br>Served with Chipotle Wedges and Sweetcorn            | <b>Plant Ball Marinara Melt ©</b><br>Served with Chipotle Wedges and Sweetcorn                           | WRAPS:<br>Tuna Crunch W<br>Pepper and Ho<br>HOT DISHES:                          |
| FRI  | <b>Fish and Chips</b><br>Served with Baked Beans or Peas                               | Vegan Sausage Roll ©<br>Served with Chips, Baked Beans and Peas  | Paninis<br>Pasta & Sauces<br>Freshly Baked                                       |

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 🐲 Oily fish 😻 Wholegrain 🕕 Halal

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FOOD UNION



## PECIAL

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eetcorn Pasta Salad alad 😻 🎯

#### BAGUETTES:

se Sandwich uce & Mayo Sandwich wich v e nato Baguette v

Wrap 😻 Ioumous Wrap 💿 😻

es d Pizza

# WEEK 2 MENU

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

| CHOICE |
|--------|
|--------|

Mexican Beef Tortilla Pie 🐲 🛩

Served with Wholegrain Rice

Chicken Katsu 🐲

Served with Wholegrain Rice and Peas

Honey Roasted Ham and Mash

Served with Peas and Gravy

Chicken Tikka Masala 🐲 😻

Served with Wholegrain Rice, Mini Naan and

Sweetcorn

MON

TUE

WED

THUR



| Vegetarian Cottage Pie 💿 😻            |  |
|---------------------------------------|--|
| Served with Sweetcorn, Peas and Gravy |  |

Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl 💿 🐲 💝

Macaroni Cheese 👩 🐲 with Pizza Pinwheel and Vegetables

**Roasted Cauliflower and Chickpea** Korma 💿 😻 💖 Served with Wholegrain Rice, Mini Naan and Sweetcorn

Vegetarian Burrito 💿 😻 👳 Served with Chips, Peas and Baked Beans

### **WEEKLY SPECIAL**

Moroccan Chicken Salad

SALADS:

Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 😻 💖

### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich 🔿 Ham Baguette Cheese & Tomato Baguette 🛛

#### WRAPS:

Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 🗴 🐲

#### HOT DISHES:

**Paninis** Pasta & Sauces **Freshly Baked Pizza** 

Fish and Chips FRI Served with Baked Beans or Chips

🍈 Fruity! 💖 Nutritionist's Choice 🛯 Vegetarian 늆 Oily fish 👹 Wholegrain 🛛 🕕 Halal



# WEEK 3 MENU

W/C: 01/05 , 22/05 , 12/06 , 03/07 , 25/09 , 16/10





| MON | <b>BBQ Beef Meatballs :</b> Solution State and Peas With Wholemeal Pasta, Pizza Pinwheel and Peas | Cauliflower Mac ´n´ Cheese 💿 😻 💝<br>with Pizza Pinwheel and Peas                 |
|-----|---|--|
| UE  | <b>Beef Lasagne ⊯ </b><br>Served with Pizza Pinwheel and Salad                                    | <b>Vegetarian Chilli © 😻 🧐</b><br>Served with Wholegrain Rice and Peas           |
| 'ED | <b>Roast Chicken and Mash </b><br>Served with Peas and Gravy                                      | Beetroot and Feta Burger<br>Served with Garlic and Herb Wedges and<br>Apple Slaw |
| UR  | Sweet Chilli Chicken Noodles<br>Served with Peas  | Chinese Vegetable Noodles 🛛 🦃<br>Served with Peas                                |
| RI  | <b>Breaded Fishwich</b><br>Served with Chips, Baked Beans and Peas                                | <b>The Veggie Dog ©</b><br>Served with Chips, Baked Beans and Peas               |

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 🐲 Oily fish 😻 Wholegrain 🛛 🕕 Halal

FOOD UNION



## **KLY SPECIAL**

et Chilli Chicken Noodle Salad 🏼 🗨

nd Sweetcorn Pasta Salad Pasta Salad 😻 💝

#### CHES/BAGUETTES:

Cheese Sandwich n, Lettuce & Mayo Sandwich Sandwich aguette & Tomato Baguette y

runch Wrap 😻 • and Houmous Wrap 💿 😻

Sauces Baked Pizza

HES: