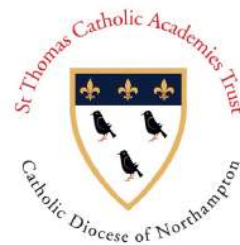




Cardinal  
Newman  
CATHOLIC SCHOOL



@CNSLUTON



CARDINAL NEWMAN  
CATHOLIC SCHOOL



@CNSLUTON

# ADVENT NEWMAN NEWS

[WWW.CARDINALNEWMANSCHOOL.NET](http://WWW.CARDINALNEWMANSCHOOL.NET)



# NEWMAN news

The official newsletter of Cardinal Newman Catholic School

## **Contributors**

*Mr Bull*

*Miss Porter*

*Mrs Thoullass*

*Mrs Kravcova*

*Mrs Bignall*

*Mrs McHugh*

*Mr Carter*

*Ms Hentzen*

*Mr J Brooks*

*Miss Marques*

*Miss Johnson*

*Mrs Slawinski*

*Mr Sarsfield*

*Mr Treanor*

*Mr Armstrong*

*Mrs Topa*

*Mr Launay*

## **Contents**

*Message from the Headteacher*

*Children's Christmas Party*

*Chaplaincy*

*The Giving Tree*

*Sponsored Walk*

*Love Luton Runfest*

*History*

*Art & Design*

*Performing Arts*

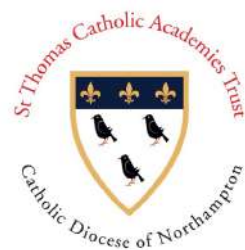
*Remembrance Day*

*Maths Week*

*Sports Results*



**Cardinal  
Newman**  
CATHOLIC SCHOOL



## A message from Mr Bull, Headteacher

Dear all,

On the inside of my Christmas cards this year I have used a beautiful quote from St John Henry Newman.

“The shepherds said to one another, let us now go even unto Bethlehem, and see this thing which is come to pass, which the Lord hath made known to us. Let us too go with them, to contemplate that second and greater miracle to which the Angel directed them, the Nativity of Christ.” This was from his Christmas sermon in 1843. I love that he relates the experience of the shepherds to that of our own, to reflect on the wonderful gift/miracle of the birth of Christ. I love this time of preparing for Christmas!

What a fantastic term we have had. The sporting results, activities, every type of weather under the sun, Sponsored Walk, Black History Month, Heritage party in Sixth Form, Remembrance Day, New Marian Chapel, St Brigid's being officially opened by the Bishop, trips, singing and playing for King Charles III, Children's Party, and what a way to end the term with all the Christmas dinners, Advent Liturgies and the Staff and Sixth Form Pantomime for Year 7, 8 and 9 and loads more! It's been one of those terms where looking back I can see what a tremendous community I serve. You will read about many of them in this edition of Newman News. Please also follow us on our Twitter and Instagram feeds where there is a large amount of content celebrating our students (both are @cnsluton).

We have now received all the sponsorship money from the Sponsored Walk and the grand total raised is £7347.32, 10 students managed to raise over £100 each! We will be sending money to the Keech Hospice, Cancer research and using some for our School Rewards.

As we turn our attention to Christmas, we should remember that for too many young people across Luton, the holidays are not a time of peace and rest. As ever, we are supporting a number of them and I couldn't be more proud of all the donations by parents, students and staff to our food parcels that will be delivered to over 100 families in our school community. Please pray for these children and their families and, if possible, find a way to invite them to be part of your plans over the Christmas break.

Finally, I ask that you pray for our mission as we move into the new calendar year. Our mission is that we journey “Together towards Our Lord, through learning, love and faith.” Please pray for us and please pray for our mission.

I look forward to welcoming you all back on Wednesday 4th January 2023.

Have a blessed Christmas (maybe we will have more snow!).

**Mr Bull**  
**Headteacher**





# CHRISTMAS PARTY

## christmas party

### Children's Christmas Party

Our annual Christmas Party for children with disabilities and special needs resumed this year, after missing the last 2 years due to Covid. We welcomed 40 children from Lady Zia Wernher, The Chiltern School, Richmond Hill and Woodlands on Thursday 8<sup>th</sup> December.

The visiting staff were full of praise for the Year 11 prefects, who went to great lengths to ensure the children were looked after and entertained throughout. They really excelled themselves this year, both in the preparation and on the day.

Particular thanks to the staff and N6 students who prepared all the food and bought and wrapped the Santa presents and other toys, the staff who taught the students some Makaton in preparation and of course Santa, who put in an appearance!

It is a huge team effort to keep this 30+-year-old Newman tradition still going strong.

**Jane Porter**  
Chaplain





# CHRISTMAS PARTY

## christmas party





# CHRISTMAS PARTY

## christmas party





# CHRISTMAS PARTY

## christmas party





# CHAPLAINCY

## chaplaincy





# CHAPLAINCY

## chaplains

### St Brigid's Centre

We were delighted to welcome Bishop David and many of our local clergy in November to celebrate our Year 7 Welcome Mass and bless our new St Brigid's Centre.

**Jane Porter**  
*Chaplain*





# CHAPLAINCY

## chaplaincy





# CHAPLAINCY

## chaplains

### Year 12 Reflection Days at Holy Ghost Parish Centre

#### 'Life to the Full'

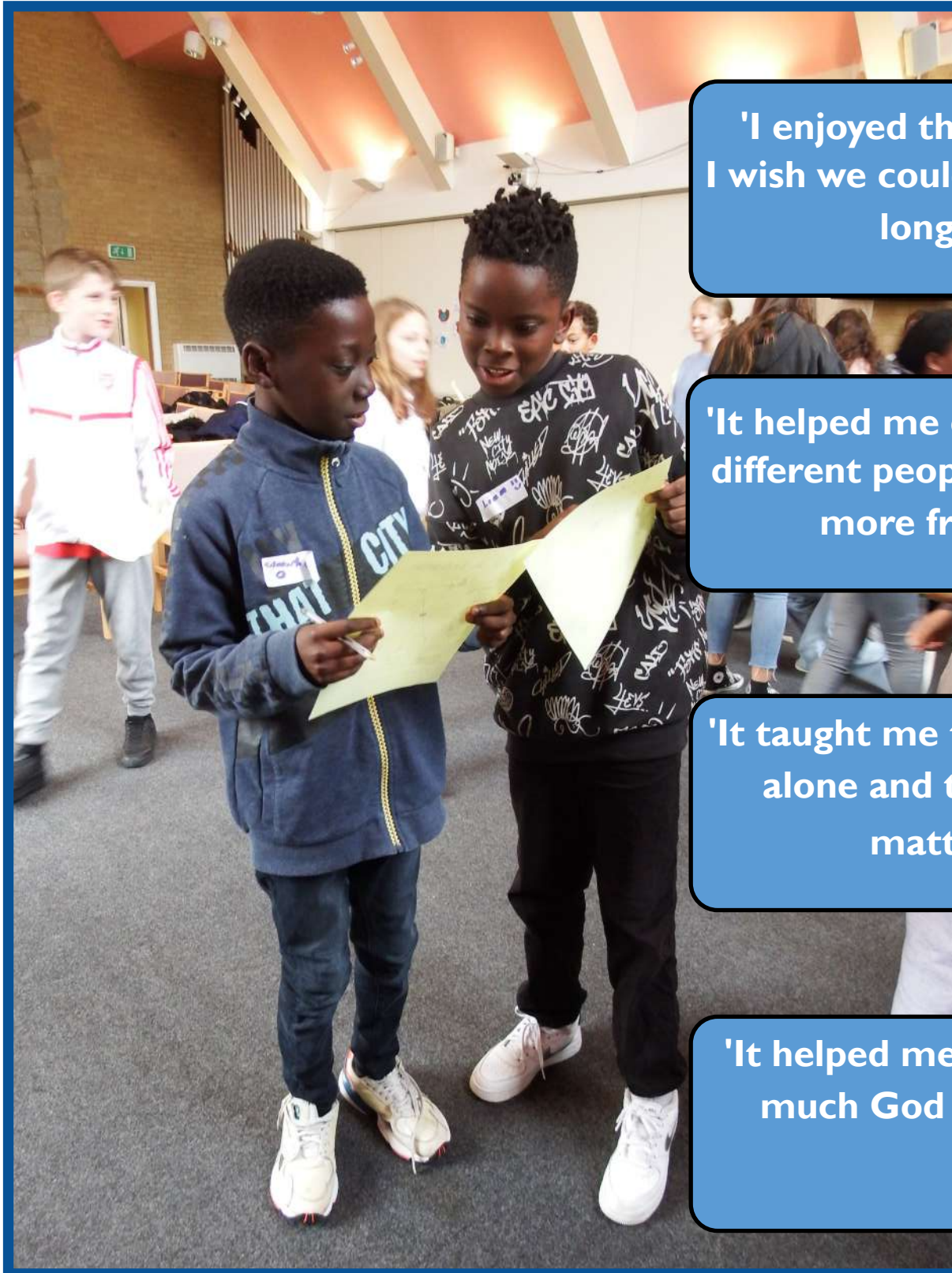




# CHAPLAINCY

## chaplains

### Year 7 Retreat Days at St John's Methodist Church



'I enjoyed the activities;  
I wish we could have stayed  
longer!'

'It helped me connect with  
different people and make  
more friends.'

'It taught me that I am not  
alone and that we all  
matter.'

'It helped me realise how  
much God loves me.'



# CHAPLAINCY

## chaplaincy





# CHARITY charity

## The Giving Tree

Thank you to everyone for their contributions to the Giving Tree! All of the gifts were distributed to our chosen charities - Noah Luton, Stepping Stones, Caritas and Love Christmas.





# CHARITY charity

## The Sponsored Walk

Thank you! A total of £7347.32 raised for Keech Hospice, Cancer Research and our School Rewards.





# CHARITY charity

## Love Luton Runfest

Thank you! A total of £941 was raised for the Keeping Luton Warm Winter Campaign. Well done to everyone who took part!





# HISTORY

# history

## The Blue Plaque Challenge

For Black History Month 2022, our budding historians once again enjoyed investigating the many and varied contributions of people from Black History by visiting all the departments in the school. Our blue plaque activity draws attention to people of black heritage who have excelled and made significant contributions in their respective fields, across our broad range of subjects, from Mathematics to Medicine and Music to name but a few!

Our Year 8 students also excelled with our annual Black History Month competition. Standards were extremely high and entries celebrating Black History were very varied. Beautiful artwork, detailed research projects and even a game which students enjoyed playing! It was very difficult to choose a winner, however, first place was awarded to Sheena Ward & Orla Linnane and the runner up Erica Bodringa. Very well done Year 8!

## The History Department





# ART & DESIGN

## art & design

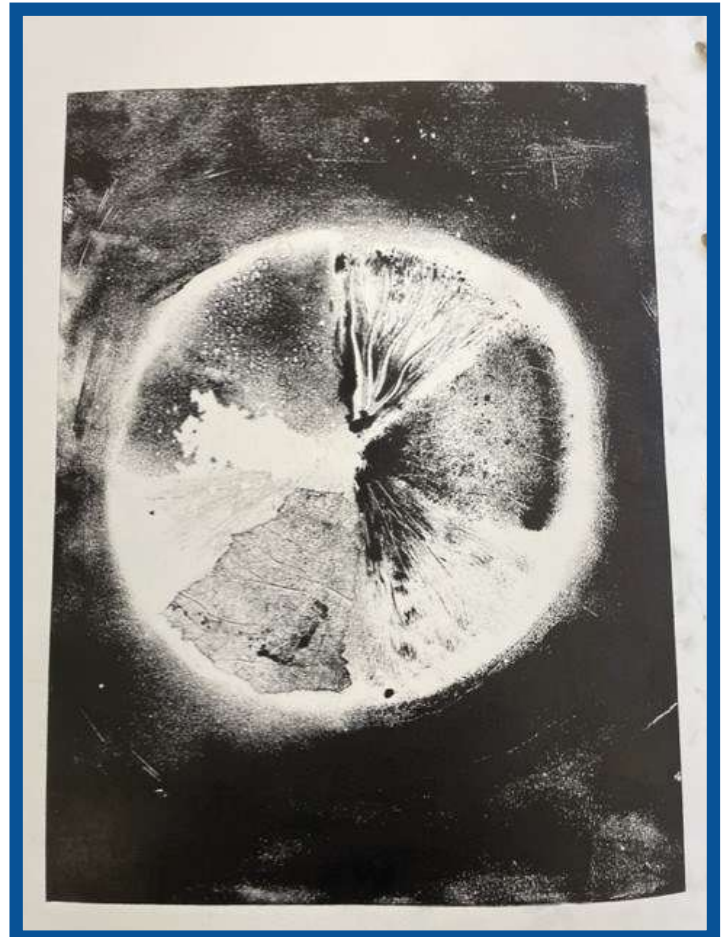
### Artist workshop

The Art & Design department organised a workshop for our talented Year 11 textiles students.

On 17<sup>th</sup> November, an artist from Tring, Helen Boded ran an inspiring printmaking workshop, sharing her knowledge and techniques using mono-printing techniques. Students thoroughly enjoyed the day and got to experience what it is like to be in a workshop all day producing art. They produced some stunning paper and textile mono-printing pieces that will enrich their portfolios.

**Mrs Kravcova**

*Assistant Curriculum Leader of Art & Design*





# ART & DESIGN

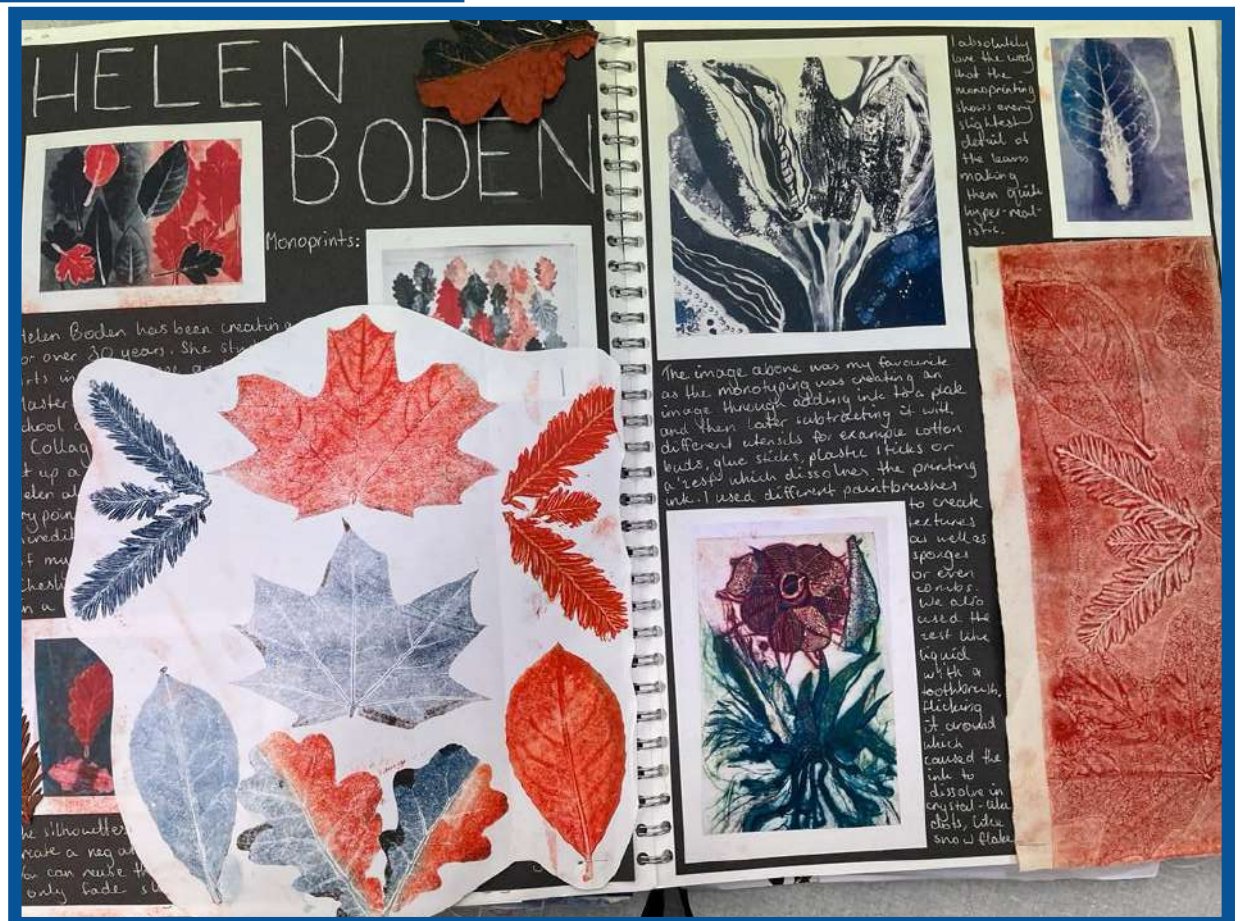
## art & design





# ART & DESIGN

## art & design





# ART & DESIGN

## art & design

### African Masks

We are very proud of our Art students in 8M with their African masks. They have made good progress on applying tone from the skills taught in Year 7.

**Mrs Bignall**

*Curriculum Leader for Art & Design*

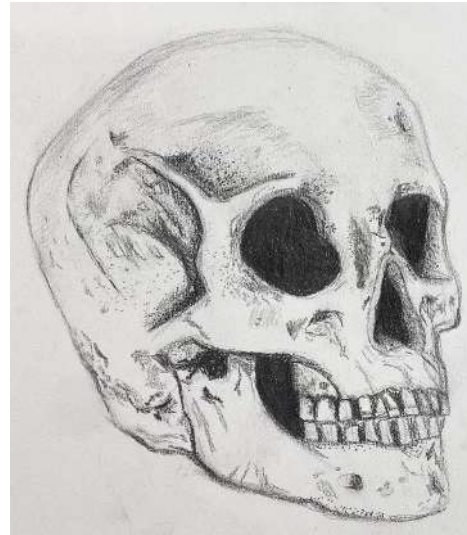
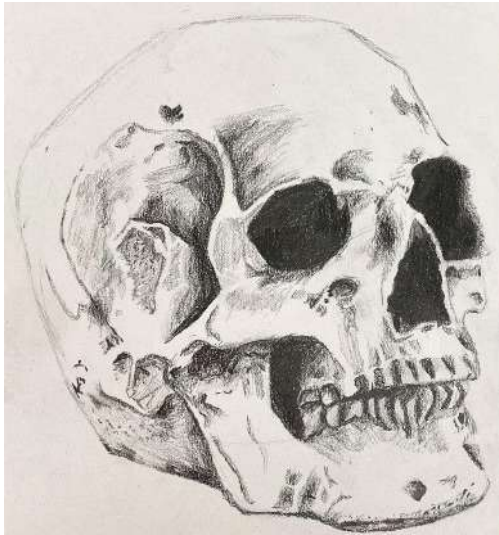


# ART & DESIGN

## art & design

### Year 10

These amazing skull drawings were created in after school club by Niamh and Amaris. Amazing talent!



Textiles students present the new skills and techniques they have been learning:



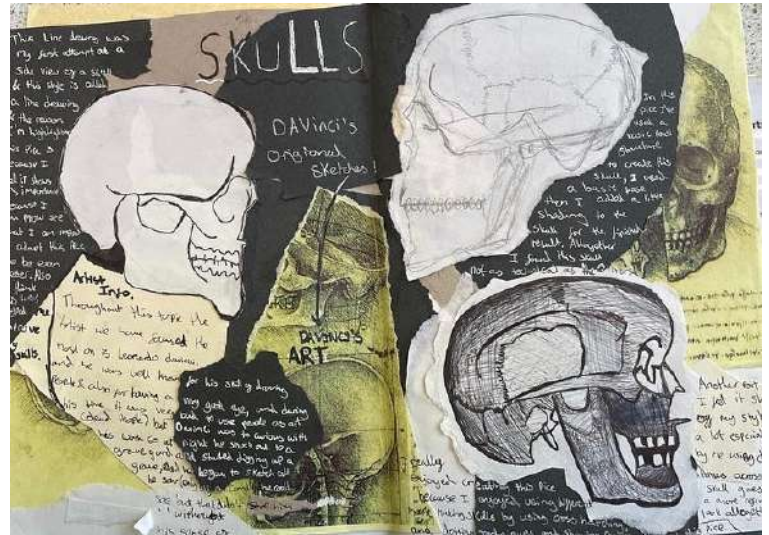
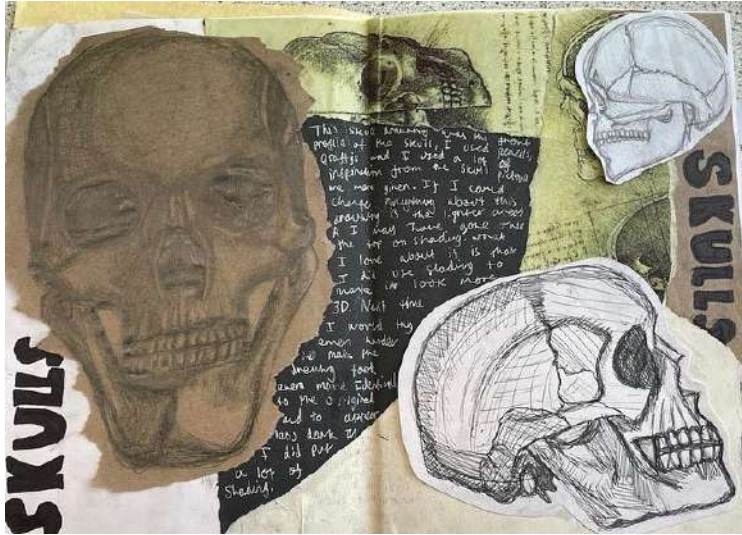


# ART & DESIGN

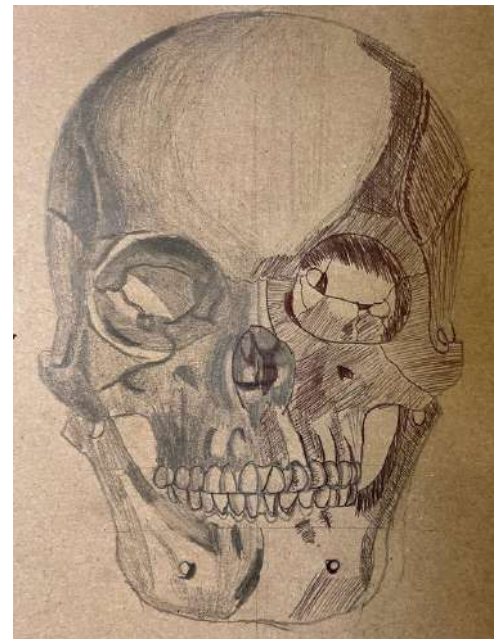
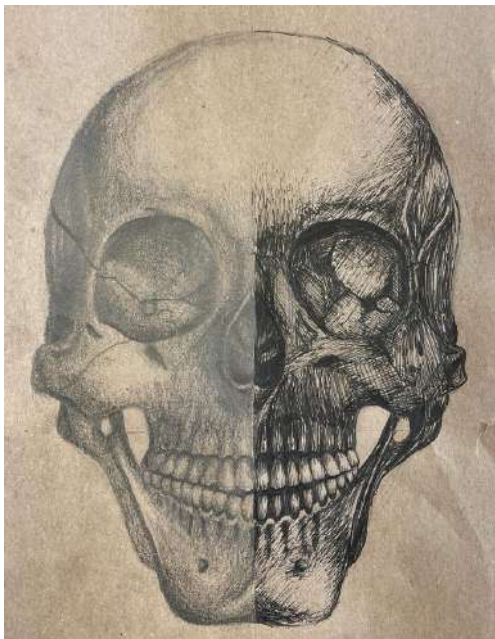
## art & design

### Year 9

Art students present their amazing 'skull' exploration from their sketch-books.



... and some more amazing observational studies linking to their portraiture projects.



# PERFORMING ARTS

## performing arts

We have had a very busy, exciting term in the Performing Arts Department with students involved in a wide variety of events.



### Antigone

Our first trip of the term was with our Year 12 and 13 A' Level Drama and Theatre students to see a contemporary production of the Greek classic, 'Antigone', which is one of their set texts.

It was performed at the Regents Park Open Air Theatre in London on Thursday 22<sup>nd</sup> September and had a strong physical theatre influence. The students thoroughly enjoyed the experience, and it gave them much to consider when reflecting on modern adaptations of classic texts.





# PERFORMING ARTS

## performing arts

### Solomon Theatre Company

On Monday 31<sup>st</sup> October, our KS4 V-Cert Performance Skills, GCSE Drama and Year 12 A' Level groups watched a performance of, 'Last Orders', performed by the Solomon Theatre Company. They are a touring company and we invited them into school as part of the students' exam preparation.

The theatre in education company create and perform plays for specific age groups and 'Last Orders' focused on the potential risks of alcohol consumption in young people.

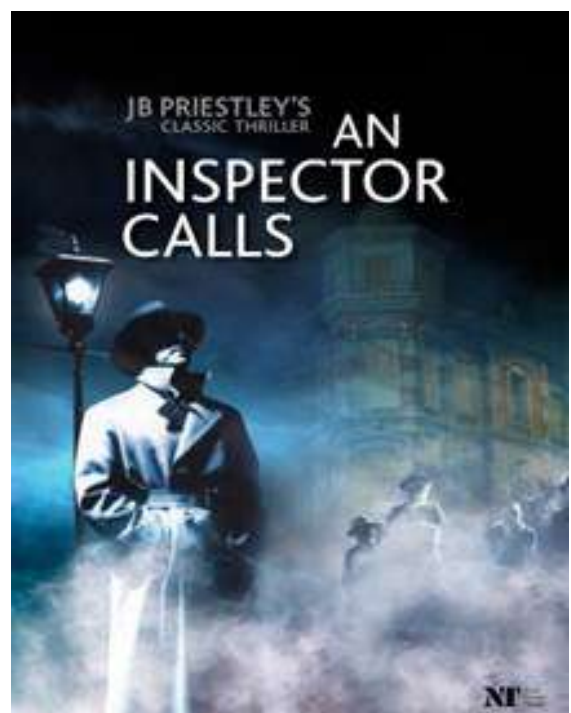
The students were really engaged in the performance and had the opportunity to take part in a workshop with the cast afterwards.



### An Inspector Calls

As part of their 'Live Theatre Evaluation', Year 13 Drama students had the opportunity to see the National Theatre's production of, 'An Inspector Calls', performed at The Alexandra Theatre, Birmingham on Thursday 1<sup>st</sup> December.

It was an impressive adaptation of a very popular play that is widely studied in schools and led to much discussion within the group on the key themes of accountability, conscience, class and the impact on society. As always, our students are a model of good behaviour when representing Cardinal Newman on external visits.



# PERFORMING ARTS

## performing arts

### Exams

Examinations began on Friday 11<sup>th</sup> November with the Year 13 group performing their own devised pieces of theatre as part of their Component 2 module. There were two groups, and both performed extremely well exploring important and sensitive topics such as the role of women in contemporary society and the human impact of the Grenfell Tower disaster. Both pieces incorporated strong physical theatre influences and reflected their practical studies on, 'Frantic Assembly', their chosen practitioner. They had an audience of Year 11 GCSE Drama students who benefitted greatly from being able to view examples of good practice which they were able to explore in their own work.

The Year 11 students took to the stage next, with their Component 2 examinations taking place on Monday 21<sup>st</sup> November. It was a full and busy day of performances, but they all rose to the occasion, supporting each other and performing to the best of their abilities. Both year groups performed very well and did themselves, their teachers and the school proud.

***Mrs McHugh***

*Teacher of Performing Arts*



# PERFORMING ARTS

## performing arts

### Performance for His Majesty, King Charles III

On Tuesday 6<sup>th</sup> December, the Cardinal Newman choir and orchestra was asked to perform for His Majesty, King Charles III, on his arrival to Luton Airport. This was a huge honour, and the students were very excited to be involved in this momentous occasion.

### *Mrs McHugh & Mr Carter*



# MUSIC

## Remembrance Day

Remembrance Day was observed at London Luton Airport with Cardinal Newman's own Elijah Watson in Year 11 giving a moving performance of the Last Post to begin the two minutes silence, followed by the Rouse to end this annual commemoration.

This is the second year now that our School has provided a fine trumpeter for the Airport. Before Elijah travelled to the airport, he agreed to perform the Last Post at School while all students lined up outside. I am sure many of you who saw this on our social media accounts, will agree that it was a wonderful atmosphere and a fitting tribute to the fallen.

**Mr Carter**

*Curriculum Leader of Music*





# MATHEMATICS

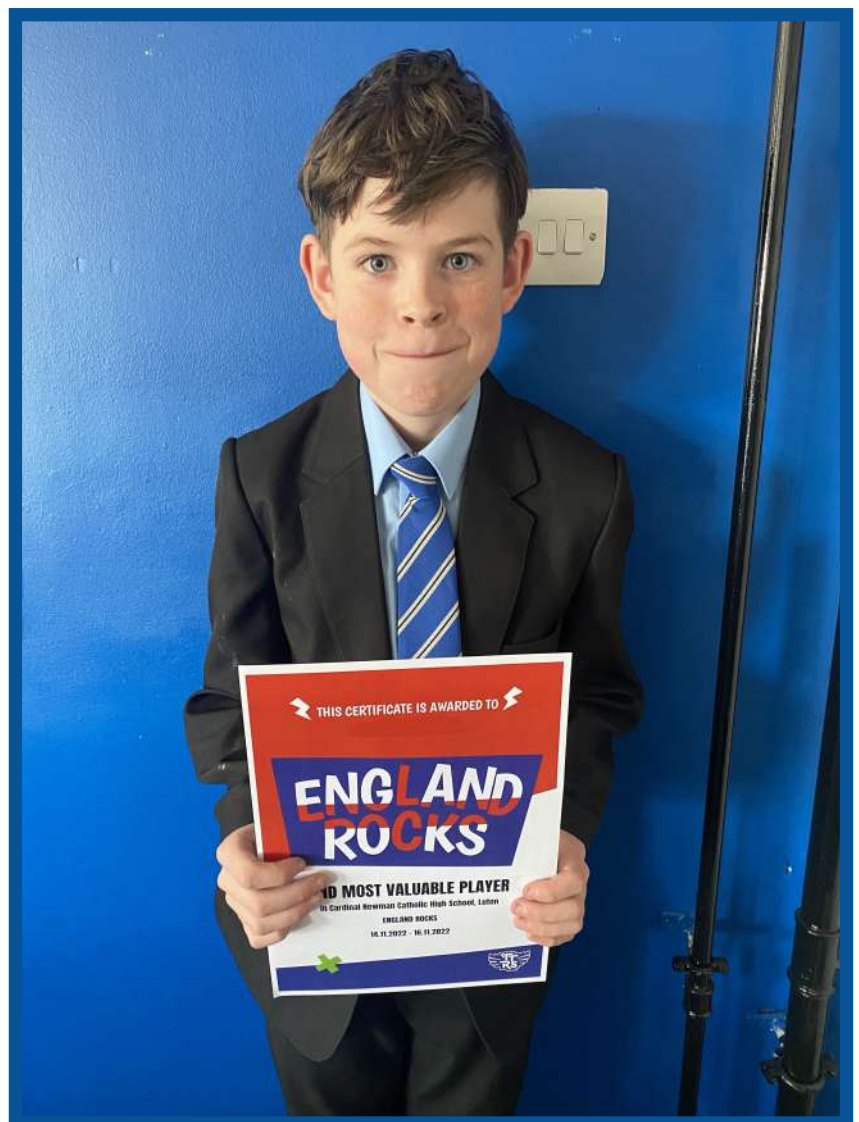
# mathematics

## Maths Week

It was an exciting time for our Key Stage 3 students during Maths Week England 2022. Students in Year 7, 8 and 9 had a great time taking part in this year's Times Table Rock Star competition. Most classes were able to compete against 28,289 other classes across England. With almost 4000 schools signing up we were 661 on the leader board for the number of total correct answers.

As a school, our participating students answered 78,577 questions correctly! CNS's top two classes were 8tMa2 with 15,265 correct answers and 9bMa1 with 10,213 correct answers. Our top CNS student with the most correct answers is Miles Clark in 9bMa1 answering a whopping 4,822 correctly, followed by Shaye in Year 7 and David in Year 8. So, a huge well done to all involved! Rock on and keep practising...

**Ms Hentzen**  
*Teacher of Maths*



# MATHEMATICS

## mathematics





# PHYSICAL EDUCATION

## physical education

### Sports Results

This term has been very busy for sports fixtures!

Alongside our regular enrichment sports clubs, Cardinal Newman students have had over 60 fixtures and competitions taking place. I would like to thank the students for their efforts and commitment to their teams and training, parents & carers for their support and the PE department for their time and effort in ensuring these opportunities are available for students.

**Mr J Brooks**

*Curriculum Leader for Physical Education*

### Boccia

Congratulations to the students who represented our school in the Luton Schools Boccia Competition. Despite being a new activity for most of our students, they all performed well and demonstrated a real sense of team spirit. Special mention to Jasmine, Maja and Orla for qualifying to the quarter finals.

**Alex Neculai**  
**Jamie Gandiya**  
**Maja Skalska**  
**Jasmine Tadd**  
**George O'Dell**  
**Orla Davidson**  
**Bret Thomas**



**Mrs D Marques**

*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### Year 7 Indoor Athletics

Congratulations to the following students who represented our school in the Luton Indoor Athletics Secondary Finals.

**Irisz Ubieror-King**  
**Arianna Lukasevic**  
**Sharon Ajana**  
**Alice Bermingham**  
**Sophia Hortolomei**

**Connor Ferguson**  
**William Kamara**  
**Tyron Ahenkora**  
**Lucas Brown**  
**Oliver Wilde**  
**William Simpson**



It was great to witness the students commitment and resilience with some incredible individual performances. Special mention to our 8 Lap Paarlauf teams: Sharon and Alice, and Lucas and Oliver for achieving an outstanding 1<sup>st</sup> place.

### Overall Results:

**Girls' Team - 2<sup>nd</sup> place (qualified to the County finals)**

**Boys' Team - 6<sup>th</sup> place**

Extraordinary performance from the girls' team who qualified for the County Finals taking place in February.

**Mrs D Marques**

*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### Year 7 Girls Basketball

Congratulations to the girls who regularly played matches for the school this term.



# PHYSICAL EDUCATION

## physical education

### Girls Basketball Team:

Evie Mason  
Connie Dono  
Melody Furtado  
Ava Joyce

Caitlyn Smyth  
Nicola Buchner  
Martha Cheambony  
Lily Coleman

Aisling Doyle  
Kenza Belananteur-  
Genaro  
Lola Armstrong

A fantastic and talented group of players! They have attended all practices and are improving each week. The results so far have been very positive:

### Results from the league:

Vs Denbigh - draw 16-16

Vs Stopsley - won 24-8

Vs Lealands - won 60-10

They have worked hard in all their games and have won them all, meaning that the team competed in the Luton Schools Basketball final on Thursday 8<sup>th</sup> December and after a fantastic team performance were crowned Luton School Champions!

Thank you and well done!

***Mrs Marques and Miss Johnson***





# PHYSICAL EDUCATION

## physical education

### Year 7 Basketball

Congratulations to the following boys who were selected to play matches for the school team this term, they all competed with pride and represented the school to the highest standards:



**Lucas Brown**  
**Cillian McGoldrick**  
**CJ Perry**  
**Shayne Villanueva**  
**Obed Osei**

**Oskar Kopaczewski**  
**Alfred Zzizinga**  
**Pius Wilson**  
**Liam Masasa**

**Will Simpson**  
**Alex Motofelia**  
**Niall McDonagh**  
**Jacob Taylor**

# PHYSICAL EDUCATION

## physical education

### Results:

**CNS vs Chalk Hills 15-6 (W)**

**CNS vs Denbigh 16-8 (W)**

**CNS vs Challney 27-2 (W)**

**CNS vs Lealands 20-5 (W)**

**Luton Schools Final Result**

**CNS 12 – 18 Chiltern**

It has been a pleasure to have coached this group of boys this term, they have all benefited from regular attendance at training and their skill sets have developed well as a result.

As each player has regularly attended training/practice, they were chosen for fixtures as a result of their positive attitude and willingness to learn. Each student always put in 110% effort, and have done themselves proud.

Although this has been a season of transitions, with some students having never played a competitive game of basketball before and the students as a whole never playing with each other as a team before, they took everything in their stride and adapted well to the challenges they faced.

Within their Luton Schools League, the boys had won all their matches and subsequently qualified for the Luton Schools Final.

In a competitive game, the students showed fantastic resilience and character throughout the game, but unfortunately came unstuck against a talented Chiltern Academy team, the year 7 team will learn from this and I am confident will be back in the final next year, bigger and better!

***Mr B Sarsfield & Mr L Treanor***



# PHYSICAL EDUCATION

## physical education

### Year 7 Netball

Congratulations to the following girls who regularly played matches for the school this term. What lovely talented group of players! They have attended all practices and are improving each week.

**Evie Mason**

**Tess Warren**

**Martha Cheambong**

**Kayla - Rose Amayo**

**Alice Bermingham - Capt**

**Zoey Gardiga**

**Celine Malala**

**Ellie Janes**

The results so far have been very positive:

**v Chalk Hills 10-2**

**v Challney Girls 14-1**

**v Icknield 10-1**

**v Lealands 13-13**

Several players in this age group have been successful in trailing for the Luton training hub set up by Bedfordshire Netball. This is the first step on the performance pathway.

The successful players were:

**Evie Mason**

**Alice Bermingham**

Netball will resume after the Christmas break, as the squad will qualify for the Luton Schools finals in January and be aiming for the County competition in March.

**Mrs K Slawinski OBE**

# PHYSICAL EDUCATION

## physical education

### Year 7 Football

Congratulations to the following boys who were selected to play in the County Cup matches for the school team this term, they all showed tremendous amounts of pride and represented the school to the highest standards:

**Lucas Brown**  
**Connor Ferguson**  
**CJ Perry**  
**Ollie Wilde**  
**Obed Osei**

**Tyron Ahenkora**  
**Frankie Findlay**  
**Bogdan Miclaus**  
**Shay Lynch**  
**Ryan Fennelly**

**Phillip Przybylski**  
**Niall McDonagh**  
**Kayden Thomas**  
**Harry Hayden**

It has been a pleasure to have coached this group of boys this term, they were selected to represent the school as a result of their positive attitude and their willingness to support one another, whether that be in practice/ training or during a game. Each student always put in 110% effort, and have done themselves proud.

Although this has been a season of transitions, with the students as a group never having played with each other as a team before, they took everything in their stride and adapted well to the challenges they faced.

Within the Bedfordshire Schools County Cup competition, the boys have won both of their matches so far and have subsequently qualified for the next round of the competition.



# PHYSICAL EDUCATION

## physical education

### Results:

**CNS vs Henlow Academy 6-2 (W)**

**CNS vs Biggleswade Academy 2-1 (W)**



**Mr B Sarsfield**

*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### Year 7 Rugby

Congratulations to the following boys who regularly played matches for the school this term:

**Tristan Dono**  
**Darragh Horgan**  
**Ryan Fennelly**  
**Jakub Chilicki**  
**Frankie Findlay**  
**Harrison Jackman**

**Isaac Swaine**  
**Obed Osei**  
**Declan Quinn**  
**William Simpson**  
**Tyron Ahenkora**

**Connor Ferguson**  
**Kian Bradley**  
**Jack Johnston**  
**Jack O'Boyle**  
**Jack Cormack**





# PHYSICAL EDUCATION

## physical education

Attendance has been brilliant throughout the term and demonstrated great enthusiasm and commitment to the team and each other. As this is a year 7 squad, we had a variety of students attend with differing knowledge and experiences in rugby, those who played for the first time or those who represent a club outside of school. All who attended put the effort in to improve and develop. It has been a delight to offer the students the opportunity to play competitively.



## Results

**CNS vs Icknield 30-10 (won)**

**Luton RFC Tournament – 3<sup>rd</sup> Place 3W 2D L2**

**Mr L Treanor & Mr J Armstrong**

# PHYSICAL EDUCATION

## physical education

### **Year 7/8 Girls Futsal**

Congratulations to the following girls who represented our school in the Y7/8 Girls Futsal Tournament.

**Jazlyn Daalber-Torto**

**Lauren Sullivan**

**Jayla Adenuga**

**Emilia Wojtyna**

**Sharon Ajana**

**Amelia Ruocco**

**Alice Bermingham**

**Emily Grigoras**

**Evie Mason**

**Rosie Owens**

Well done to the girls for their effort which resulted in achieving 3<sup>rd</sup> place overall in the tournament. I would like to thank all students who attended the Y7/8 Futsal trials – it was great to see so many students interested in representing CNS. Football will start in January, and I look forward to seeing students in training and representing our school at local fixtures.

**Mrs D Marques**

*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### Year 8 Indoor Athletics

Congratulations to the following students who represented our school in the Luton Indoor Athletics Secondary Finals.

**Johanna Abissi**  
**Olivia Breach**  
**Niamh Chedzoy**  
**Rhema Eweka**

**Stella Businge**  
**Mya Anokwawe**  
**Dylan Elsey**  
**Jaiden Talbert**

**Chuma Odika**  
**Thomas O'Donnel**  
**Kobe Willis**  
**Darryl Adjei**

Another great performance from our students! Special mention to our Obstacle Relay teams: Johanna, Rhema, Stella and Mya, and Dylan, Jaiden, Thomas and Darryl for achieving an outstanding 1<sup>st</sup> place. Our girls' 8 Lap Paarlauf team: Niamh and Olivia demonstrated great resilience and have also achieved 1<sup>st</sup> place. Extraordinary performance from Olivia who was praised by the lead teacher of the event.

### Overall Results:

**Girls' Team - 2<sup>nd</sup> place (qualified to the County finals)**

**Boys' Team - 6<sup>th</sup> place**

Brilliant performance from the girls' team who qualified for the County Finals taking place in February.

***Mrs D Marques***

*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### **Year 8 Netball**

Congratulations to the following girls who regularly played matches for the school this term.

**Alicija Nowacka**  
**Ella Stoker**  
**Olivia Breach**  
**Isolina Forni**  
**Orla Linnane**

**Mya Anokawe**  
**Sheena Ward**  
**Rhema Eweke**  
**Stella Businge**  
**Amelia Hammond**

What a difference a year makes! This year they have won all of their games and produced some consistent and outstanding netball. They have showed their commitment by attending netball practice weekly after school.

Several of the squad; Mya, Olivia, Isolina, & Sheena have taken on a leadership role within the group and have led by example.

### **Results so far:**

**v Stockwood School 17-0**

**v Putteridge School 13-1**

**v Stopsley 13-1**

**v Challney Girls School 20-1**

Netball will resume after the Christmas break, as the squad will qualify for the Luton Schools finals in January and be aiming for the County competition in March.



# PHYSICAL EDUCATION

## physical education

Several players in this age group have been successful in trailing for the Luton training hub set up by Bedfordshire Netball. This is the first step on the performance pathway. The successful players were:

**Alicija Nowacka**  
**Ella Stoker**

**Orla Linnane**  
**Sheena Ward**



**Mrs K Slawinski OBE**  
*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### Year 8 Girls Basketball

Congratulations to the following girls who regularly played matches for the school this term.

**Rhema Eweka**  
**Jazlyn Daalberg**  
**Johanna Abissi**

**Tanaka Khombe**  
**Emilia Wojtyna**  
**Kaci-Ann Baker**

**Maya Anokwawe**  
**Niamh Chedzoy**  
**Lacey Chipuro**



A very talented group of girls, who worked really hard at practices and in their games. Unfortunately this season did not reflect that, but the team have still attended training since the below games to improve and develop as a team so that they can make the finals next year.

### Results from the league:

**Vs Stopsley- won 32-12**

**Vs Lealands- lost 28-16**

**Vs Icknield- lost 18-16**

***Mrs Marques and Miss Johnson***



# PHYSICAL EDUCATION

## physical education

### **Year 8 Boys Basketball**

A huge well done to the following students who had participated and represented Cardinal Newman in fixtures.

**Jaiden Talbert ©**  
**Nathaniel Rono**  
**Kobe Willis**  
**Daniel Esomugha**

**Ephraim John**  
**Alex Mathuvirin**  
**Chuma Odika**

**Isioma Onworti**  
**Robert Ruscan**  
**Dejon Garwood**

Each player regularly participated in training to show a real passion to the team and worked together to build on their skills and represent Newman with pride.

The squad has worked hard and the progress they have made is huge, from where they started to where they are now is a huge improvement and the squad should be proud of themselves. It's been a pleasure coaching them and I hope they participate in more clubs in the future.

Having played all our games, the Year 8 Basketball team were runners up in their pool having battled hard in their games till the end and shown real resilience and passion to play.

# PHYSICAL EDUCATION

## physical education



### Results:

**CNS v Chalk Hills 32-15 (Lost)**

**CNS v Lealands 12-11 (Won)**

**CNS v Challney 30-18 (Won)**

**Mr J Armstrong**

*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### Year 8 Rugby

Congratulations to the Year 8 rugby team below that played in the tournament at Luton Rugby Club and trained consistently throughout the term.

**Zachary Ucher ©**  
**Mateusz Wojciechowski**  
**Finley Griffith**  
**Luca Beeney**  
**Liam Weedon**

**Dylan Elsey**  
**Forde Littlewood**  
**Kobe Willis**  
**Nathaniel Rono**

**Daniel Brown**  
**Caleb**  
**Mahlengezana**  
**Thomas**  
**O'Donnell**

Over the course of the term the boys have trained exceptionally well progressing through the skills in rugby with ease, there is a lot of talent in the year 8 rugby squad. This was demonstrated during the tournament at Luton Rugby Club where the boys came 2<sup>nd</sup> overall. The squad are passionate and eager to play and during our tournament that culture within the team really brought the boys closer together whether they won or lost, they did it as a team and shown the resilience to go to the final whistle. The team should be proud of their performance and how far they have come, their commitment level was fantastic as well as being consistent in training.

### Results from the tournament

**CNS v Lea Manor 20-0 (Won)**

**CNS v Arnold Academy 25-5 (Won)**

**CNS v Icknield 25-20 (Won)**

**CNS v Chiltern 20-20 (Draw)**

**CNS v Denbigh 25-0 (Lost)**

**Mr J Armstrong**

*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### Year 8 Football

Congratulations to the following boys who represented the school in a county fixtureL

**Robert Ruscan**  
**Evan Emengou**  
**Thomas O'Donnell**  
**Kealan Bent**  
**Jack Dunbar**  
**Michael Gallagher**

**Kobe Willis**  
**Jaiden Talbert**  
**Daryl Adjei**  
**Casper Nowak**  
**Tomas Beare**  
**David Salajan**

It was great to have a large attendance to the football trials for the county fixture. The team demonstrated great resilience and character after going 1 nil down in the game. They supported one another and worked as hard as they could till the final whistle. They demonstrated the qualities that we expect of a Cardinal Newman student. With the sporting talent within the team, I am hopeful for a successful football season starting after Christmas.

### Results:

**CNS vs Mark Rutherford School 4-1 (lost)**

**Mr L Treanor**

*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### Year 9 Netball

Congratulations to the following girls who regularly played matches for the school this term.

**Amelia Dubielak**  
**Maisy McDermot**  
**Shayna Hibble**  
**Jessica Emeh**

**Jane Mohideen Abdul**  
**Kadar**  
**Coleen Wedulo**  
**Amy Thomas**

**Kelci Mosiana- Nsasa**  
**Gabriele Muyumb**  
**Nsomp**



# PHYSICAL EDUCATION

## physical education

### **Results so far:**

**CNS vs Stopsley 12-1 (won)**

**CNS vs Lealands 4-0 (won)**

It has been a pleasure to have coached this group of girls this term. Each player has regularly attended training and have shown great commitment to their team, and support to other squad members.

Although this has been a season of transitions, with members of the team leaving CNS and some being unable to train with us anymore, the squad has worked hard to rebuild, and it has been delightful to have had the opportunity to welcome new players into the squad and give them the opportunities to play competitively. Within the Luton League the girls have won all their matches so far, and it is hoped that they will progress on to the Luton finals which will take place in January.

**Mrs V Topa**

*Assistant Curriculum Leader of Physical Education*



# PHYSICAL EDUCATION

## physical education

### **Year 9 Basketball**

Congratulations to the following girls who regularly played matches for the school this term.

**Kateleen Sabaliauskatie**

**Evie Warren**

**Gabriella Nicolas**

**Tia Mendoza**

**Kirsten Gaughan**

**Kelci Mosiana-Nasa**

**Ruby McGhan**

**Srishti Abrol**

**Semilore Shobande**

**Jane Mohideen Abdul Kadar**

**Deol Gineesh**

It has been a pleasure coaching this extremely talented group of girls. Each player has attended training every week and has shown great commitment to their team, and support to their other team mates. They have worked hard in all their games and have won them all!

### **Results from the league:**

**Vs Challney Girls – won 28-21**

**Vs Denbigh – won 46-16**

**Vs Chiltern – won 36-18**

**Vs Lealands – won 50-14**

Basketball will hopefully resume after Christmas, as we are aiming to win the Luton finals and get a spot at the county competition in the new year.

# PHYSICAL EDUCATION

## physical education



Thank you and well done!

***Mrs Marques and Miss Johnson***



# PHYSICAL EDUCATION

## physical education

### Year 9/10 Boys Futsal

November saw Cardinal Newman enter the Luton schools Futsal tournament, held at Inspire Sports Village. The team was made up of students from year 9 & 10, competing against other schools in Luton. The competition saw a high level of skill and close control by all, with the year 9 & 10 team winning 2, drawing 1 and losing 2.

Congratulations to the following students who were selected for the team.

**Damien McLoughlin**

**Declan Fennelly**

**Finley McManus**

**Reece Doyle**

**Ethan Fisher**

**Liam Lonergan**

**Mircea Victor**

**Mr J Brooks**

*Curriculum Leader for Physical Education*

# PHYSICAL EDUCATION

## physical education

### Year 9/10 Girls Futsal

Congratulations to the following girls who represented our school in the Y9/10 Girls Futsal Tournament.

**Evelyn Corrigan**  
**Lilah Glancy**

**Ella Ruocco**  
**Abbie Vizard**  
**Kacie Thomas**

**Amy Thomas**  
**Julia Besciak**



What a brilliant team! Massive congratulations on winning the Futsal tournament and qualifying for the County Futsal Competition. This competition will take place in February.

Football will start in January, and I look forward to seeing you developing your talents as a team in training and representing our school at local fixtures.

**Mrs D Marques**  
*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### U16 Girls Basketball

Congratulations to the following girls who regularly played matches for the school this term.

**Lara Alvarez**  
**Abigail Osei**  
**Eleona Agyeman**  
**Jamila Lubay**  
**Ketsia Masasa**  
**Coutney Kibe**  
**Eve Okamba**  
**Amarachi Emmanuel**  
**Tianna Ranson**  
**Joycelin Asiedu**

### Results from the league:

**Vs Denbigh-won – 30-4**  
**Vs Stopsley-won- 40-18**  
**Vs Icknield-won- 20-8**

They have worked hard in all their games and have won them all, meaning they are in the Luton finals on Thursday 8<sup>th</sup> December.

Basketball will hopefully resume after Christmas, as we are aiming to win the Luton finals and get a spot at the county competition in the new year.

***Mrs Marques and Miss Johnson***

# PHYSICAL EDUCATION

## physical education

### U16 Boys Basketball





# PHYSICAL EDUCATION

## physical education

Congratulations to the following students for representing the school in Basketball this term:

<b>Daniel Emenogu</b>	<b>Manuel Owusu-Ennin</b>	<b>Obi Ojukwu</b>
<b>David Mihalache</b>		<b>Enoch Oluwasola</b>
<b>James Garchitorea</b>	<b>Elijah Dickson</b>	<b>Kaylun Brookes</b>
<b>Jakub Sznar</b>	<b>Jakub Banaszak</b>	<b>Osi Ojukwu</b>
<b>Phillipe Villegas</b>	<b>Osse Esakalunga</b>	<b>Deo Montesclaross</b>

This Basketball season saw the year 10s and 11s combine in for the Under 16 boys competition, with the team combining very well. With a mixture of those who play competitively outside of school and those who play for pure enjoyment, this group of students' attitude towards Basketball has been first class. The squad got off to a great start, winning 3 out of 3 matches, then going on to lose in a highly contested game against a strong Lea Manor team, with the final game going down to the wire drawing 41-41 with Lealands.

### Results

**CNS 65 – 24 Icknield**

**CNS 71 – 17 Challney Boys**

**CNS 29 - 20 Chalk Hills**

**Lea Manor 64 – 36 CNS**

**Lealands 41 – 41 CNS**

**Mr J Brooks**

*Curriculum Leader for Physical Education*

# PHYSICAL EDUCATION

## physical education

### U16 Girls Netball

The following players have attended practice on Friday after school. They have played some lovely netball. Although a year young for U16 (except Hannah) they have continued to work hard and improve.

**Hannah Marks**

**Jodecy Zungurza**

**Kacie Thomas**

**Ann-Elizabeth Ezeala**

**Ifunanya Umeano**

**Gabby Aletor**

**Kelly Ferguson**

**Arianna Claxton**

**Sky Ihunga**

**Kayla Obuh**

### Results so far:

**v Stockwood School 13-2**

**v Lealands 9-9**

**v Stopsley 12-1**

**v Chiltern Academy 14-0**

Netball will resume after the Christmas break, as the squad should qualify for the Luton Schools finals in January.

***Mrs K Slawinski OBE***

*Teacher of Physical Education*



# PHYSICAL EDUCATION

## physical education

### UI6 Rugby

This September saw the return of UI6's rugby at Cardinal Newman, with the club being well attended by students in both year 11 and year 10. This culminated in the UI6's playing their first matches since 2020, winning both games. What was more pleasing to see than the results, was students enjoying playing rugby again and showing real resilience throughout the games and training sessions. With the team made up by majority of year 10's, this leaves the squad in a fantastic place to continue to develop next season.



# PHYSICAL EDUCATION

## physical education

Well done to the following students for representing the school in rugby this term.

**Shane McLoughlin**

**Sam Oware**

**Luke Pearce**

**Kosi Akpokene**

**Conor O'Donnell**

**David Figueiredo**

**Aarav Kumar**

**Kian Weir**

**Sam Maguire**

**Declan Fennelly**

**Emmanuel Gyan**

**Ephraim Alengo**

**Edward Afriyie**

**Mikel Tunubu**

**Justin Stuart**

**Jimmy O'Donnell**

### Results

**CNS 10 – 7 Denbigh**

**CNS 24 – 7 Icknield**

***Mr J Brooks***

*Curriculum Leader for Physical Education*



# PHYSICAL EDUCATION

## physical education

### Year 10 Football

September saw the year 10 boys football team entered into the English Schools Football Association National Cup, with limited time available for training, the team won their 2<sup>nd</sup> round match 5-0 away from home. The 3<sup>rd</sup> round match was much more competitive against Redborne and with players missing due to injury and unavailability, the students put in a determined performance, twice coming from behind to draw level, however Redborne snatched victory in the last few moments of the match. The team have also been entered into the County Cup, with their 2<sup>nd</sup> round game being played the week before Christmas and the Luton Schools league starting in January.

Congratulations to the following students who have represented the year 10 football team for Cardinal Newman.

**Damien McLoughlin**

**Finley McManus**

**Declan Fennelly**

**Kyle Prosper**

**Reece Doyle**

**A.J. Impraim**

**George Wilde**

**Dillon Conway**

**Kyron Roberts-**

**Edema**

**Benedict Benagr**

**Brandon Franklin**

**Jimmy O'Donnell**

**Carlo Di Ruberto**

**Dennis Kalembo**

**Daniele Placi**

**Adam Hogman**

### Results

**The Grange School 0 – 5 CNS**

**Redborne 3 – 2 CNS**

**Mr J Brooks**

*Curriculum Leader for Physical Education*

# PHYSICAL EDUCATION

## physical education

### **Year 11 Football**

Congratulations to the Year 11 football team below that represented Cardinal Newman in the District Cup and County Cup.

**Ronnie Anderson ©**

**Vaughan Connolly**

**Sé McGovern**

**Logan Russo**

**Manuel Owusu-Ennin**

**Nick Mahoney**

**Shane McLoughlin**

**Larry Kagwa**

**Harry Bermingham**

**Jakub Liszewski**

**Joey Leaning**

**Michal Anikiel**

**Zack Howell**

**Dwayne Grant**

**Leon Mlodnicki**

**Ciaran Hayes**



# PHYSICAL EDUCATION

## physical education

As it is their last year representing Cardinal Newman, the Year 11 Football team have shown me what great young men they are and will become. From where we started to where we finished was a huge improvement and the boys made not only me proud but the school too. They represented Cardinal Newman with passion, and it was a bumpy road at times however the squad pulled through and put on some great performances.

The squad has some great talent both on the pitch and off, showing key qualities in what a good young adult looks like. During the training sessions we had, the boys displayed a high level of quality in football, this was then later demonstrated within the matches.

It has been an absolute pleasure working with these boys and I wish them all the best for their future.

### Results

**CNS v Challney 4-2 (lost)**

**CNS v Wootton 6-4 (won on penalties)**

**CNS v Samuel Whitbread 5-0 (lost)**

**Mr J Armstrong**

*Teacher of Physical Education*

# PHYSICAL EDUCATION

## physical education

### UI4 Basketball Round-Up

In their very first season together competing as a team, the Year 9 Boys basketball team have been on an incredible journey.

Drafted into Pool A, the team played 4 games going strength to strength and ultimately went unbeaten. Through these impressive performances, the team earned a place in the Luton School Sport Association Cup final. Through also being unbeaten in their campaign in Pool B, we were drawn against a very strong and well-coordinated Chiltern Academy team. This would be the first time that any of the students have been involved in representing the school in a final.

Despite a cagey start to the game and trailing by a couple of baskets at half time, the team showed great courage, resilience, and teamwork to drive their way back into the game to finally win 41-30.

### Results below:

Pool A Fixtures				
Cardinal Newman	31	v	18	Challney Boys
Icknield	9	v	49	Cardinal Newman
Cardinal Newman	30	v	8	Chalk Hills
Lea Manor	31	v	51	Cardinal Newman
Final				
Cardinal Newman	41	v	30	Chiltern Academy



# PHYSICAL EDUCATION

## physical education

A huge congratulations to everyone who has contributed to this fantastic achievement throughout this year's 2022 campaign:

Brendan Agbarakwe Ozuo, Nathaniel Dono, Christian Egbaran, Jacob Lubay, Manuel Shodeinde Alvarez, Piotr Talaga, Zente Ubiebor-King, Yuan Puri, Mircea Victor, Victor Lartey-Ward, Kusal Malalage.

Following being crowned District Champions; the team have now qualified for the County Championships where they will compete against the very best in Bedfordshire in the new year!

A fantastic achievement by all, and a very proud coach!

**Mr Launay**  
*Assistant Headteacher*





**Wildlife Trust for  
Beds, Cambs  
& Northants**



# Tree Planting Day

## **Help create new woodland at Stopsley Common With the Wildlife Trust for Beds, Cambs and Northants**

Join the Wilder Futures staff and volunteers to help improve green spaces local to you. Bring suitable clothing and lunch if staying to explore the area with us after the trees are planted. Toilets and parking are available at Inspire.

Meet at Hay Wood, between the cricket pitch and Inspire  
Monday 19th December – 10 am to 12.30 pm  
Option to join other activities on Bradgers Hill after lunch

Please confirm your attendance using the contact details below or :  
[www.wildlifebcn.org/events/2022-12-19-tree-planting-wilder-future](http://www.wildlifebcn.org/events/2022-12-19-tree-planting-wilder-future)



For further details please contact:  
[Matt.Sutcliffe@wildlifebcn.org](mailto:Matt.Sutcliffe@wildlifebcn.org) or 0787489563

