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Contributors:

Liesl Claridge Ruby Flaherty

Jane Porter Mr Richardson

> Mr Carter Mr Makokha

Mrs Chappell Miss Blackbird Mr Mulholland Fiona Bennis Mrs McHugh Mr Ritchie Mrs Gazeley Miss Keane Mr Emmett Mrs Burns Miss McLean Mrs Brown Mrs Peters Mr Le Coguic Mrs Streater

Megan Mahoney Simi Olugbaro

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Warden Hill Road | Luton | Bedfordshire | LU2 7AE Tel: 01582 597 125 Fax: 01582 587 550

Meet the Editors





Welcome to your Newman News Spring edition 2019! We are excited to introduce ourselves as your new editors. We are Megan, Liesl, Simi and Ruby (in order of appearance in the photo from left to right). This is our sixth year attending Cardinal Newman as we all attended high school and found it an easy decision when choosing it also for our sixth form. We'd like to thank Mr. Richardson and Miss Blackbird for the opportunity and we're all incredibly grateful for it.

All three of us take a variety of subjects at A-Level including English Literature, Maths and Drama, which we wholeheartedly enjoy. Something that we all have in common is the creative spark and work ethic in order to work as a team and produce Newman News. We are proud to be able to represent our school and we hope that you enjoy this edition of Newman News and your Easter holidays!

Megan, Liesl, Simi and Ruby

NN

It is my great fortune to work with some amazing people and in recent weeks I have had the pleasure of attending a series of events that have reminded me of the good that we do as a community.

First was the 50th Anniversary Concert held at the Luton Library Theatre and promoted by the Irish Forum. The evening was a celebration of the talent in our school today made possible by the hard work of so many over the last 50 years. What struck me over the evening was the generations who came to celebrate, came to support and came to show their affection for our community in our 50th year. Next was the Gym and Dance 'Night at the Movies' with live music. This was also a celebration of great talent and was crafted through hours of additional time offered freely by students and staff alike. I noticed that evening the great effort that was in place to ensure students of all abilities were given a stage upon which they could shine, something achieved with great sensitivity and a determination that all children should have that opportunity. The final event was a drama showcase hosted in school. It was a series of pieces on the Hillsborough disaster, performed by students in Year 9.

There were just a few of us who had the privilege to see that presentation as it was 'just' a performance at the end of a unit of work. However it was sensitive, thought provoking, respectful and utterly and deeply moving. It was put together by a teacher undertaking his training and supervised by an experienced teacher. It was not just a showcase of amazing drama, but a showcase of what can be achieved where young people are inspired by great teaching and great teachers. This is the hallmark of our school and it is there for all to see in this edition of Newman News.

Lent is the greatest season in our Church year, culminating as it does in the celebration of the resurrection of our Lord at Easter. I heard a saying recently that Catholics and Christians all need to take care to ensure that their faith is not 'all Lent and no Easter'! While it made me laugh a little as I feel there may be truth in it, I think it is something we would do well to heed. Pope Francis has guided us to look for the joy in our faith, joy in the Gospel and joy in our loving relationships. Too many people have to live a life of suffering for us to fail to recognise the joyful opportunities that lie in front of us and this is reflected in the 40acts challenges in our school throughout Lent which has focused on the kindness and blessings we bring to one another. Let us find that joy and those blessings in our own community too.

This Easter please pray for one another and pray for our school too.

May you find peace and joy in the Risen Lord.

Joe Richardson





CHAPLAINCY



Each year group gathered in the hall for a liturgy on Ash Wednesday to mark the beginning of the season of Lent. Once again we have taken part in the 40acts challenge during Lent, with the challenges having been written by students. We had a team of 20 students from Newman 6th who provided a great witness to their faith by ministering ashes at the liturgies to all year groups. We were delighted to welcome Fr Tony Brennan, Fr John McArdle and Fr Simon Penhalagan into school to celebrate the Sacrament of Reconciliation with 100 students from Years 7 and 9. Students signed up in their R.E. lessons and we were pleased that so many took the opportunity. We continue to have Mass in the Chapel before school at 8.10am on the first Thursday of each month, with one of the local priests presiding. Parents and carers who would like to join us are most welcome. The Year 10 retreats took place at school this year, as NYMO were unable to lead them for us as they have done in previous years. It was valuable to have a half-day with each tutor group, giving time to reflect on our relationships in the light of our faith. Year 9 retreats take place next term offsite and all details will be sent out via ParentMail. Year 8 retreats take place in school in June.

Jane Porter School Chaplain



The Annual Rome Trip

The most significant day of the trip was when we went through the Colosseum and the Sistine Chapel because we were able to reflect on the pain and suffering the Christians faced and all the Bible story interpretations. Going to the Sistine Chapel was very significant because 2 of the paintings we are studying for out GCSEs were shown in their full fragility. On the final day, before we departed back home, we all walked around the Vatican and up all the steep steps, where we were able to walk around the circular building and see all the overhead aspects of Rome. Overall the trip was fabulous and we are so grateful to RE department and our parents for the opportunity to be in Rome.

FIONA BENNIS

YEAR 11

30 students accompanied by 4 teachers travelled on their annual pilgrimage to Rome in February. After a few hitches due to our excitement we had finally arrived in the holy city where we would spend the next 4 days. Following our photo shoot around St Peter's square, we walked throughout Rome, gazing at the intricate buildings and eating delicious ice cream. We travelled across the city on the metro towards the Spanish Steps where we were all able to walk around remembering an older time, when things were simple. The day after, we were fortunately allowed to hear the words of the Pope in his weekly procession, although we were unable to understand the language we were lucky enough to have them translated by Ms Kidman; it was also comforting listening and watching the excitement of the crowds as their organisations and saints were called out. That evening we travelled to the Trevi Fountain and took lots of picture while witnessing countless engagements.



A-Level Religious Studies Masterclass Conference

On 18th March the RE department took 9 of our A-level students to NORES, the Northampton RE Service in Luton, for a Masterclass conference. They were joined by other Sixth Formers and a brave Year 11 from three other Catholic schools in Northampton diocese. The aim of the conference was to help students attain their maximum ability by looking 'beyond the text book' for more innovative approaches in topic areas common to all the specifications. Students were also provided with guidance in new specification areas, especially in the New Testament Studies and Study of Religion/Developments in Christian Thought options. The sessions were led by Mr Paul McHugh, Northampton Diocesan RE adviser, Mr Philip Robinson, Catholic Education Service RE advisor, and Professor Anthony Towey of St Mary's University. We hope the day was beneficial to the students and that it will help them as they prepare for their final exams in the summer. The picture below was taken during the conference.

Mr Makokha Head of RE







ParentMail

Our new Cashless Payment and Communication system has now gone live – and we have nearly 90% of families already connected to ParentMail within 6 weeks of its introduction. Did you know you can use ParentMail for:

- paying for school trips •topping up dining room accounts •completing consent forms
- purchasing school ties and maths equipment
- purchasing revision guides
- reporting your child's absence from school
- booking Parents' Evening appointments

• updating the school with new phone numbers / email addresses / home addresses and much much more!

After the Easter break our one remaining cash top-up machine for the school's Dining Room will no longer be in use. It is therefore very important that all parents who would like their child to access the dining have set up an account set up with ParentMail. To do this you just need to use the link sent to you via SMS or email – it is very quick and easy – and should only take a couple of minutes. Once registered you will be able to see what your child is purchasing every day in the dining room and will receive an automatic reminder if your child's account drops below £10. This is not a demand for payment but rather a prompt to top up your child's account before they run out of credit. The minimum top up amount is £2 - but you can change this amount to a higher value once you have placed it in your shopping basket.

If you have not done so already, we would like to encourage ALL parents to download the free ParentMail APP as there are a number of benefits both to you and for the school.

- You don't need to login to pick up messages or attachments when you use the APP.
- The APP stores all the messages we send you in one place so you don't have to search.
- Every message sent arrives as an instant alert on your mobile.

At the moment you'll be aware that we send text messages to you from time to time especially for urgent situations, but these are expensive costing the school hundreds of pounds each year. If we can persuade parents to use the APP we can stop sending text messages completely and put the money spent to better use.

You can download the APP for free from either the Apple APP store or the Google Play Store and it will really help you to get the best experience from the ParentMail system.

If you need any additional information or assistance, or the registration link for ParentMail sent to you again, please contact Mrs Chappell via the school office. You can also access the ParentMail help site: www.parentmail.co.uk/help/parenthelp/.

Mrs M L Chappell Deputy Headteacher





CNS 50 Year Grand Reunion – Saturday 4 May 2019

Celebrating all things Newman, the grand reunion is featuring exstudents, The Skivers band, DJ Dean Blackett, DJ Mick McGrath and street food by Old Skool Pantry amongst others. Working hard behind the scenes to make it a memorable occasion are Year 13 Business students in conjunction with the CNS@50 fundraising team (formerly Friends of Newman). The Apprentice style teams led by Project Managers Courtney Cummins and Filip Pszczolkowski are fusing all the skills and knowledge attained on the course for their final assessment, after which they will have the full qualification of OCR Business Cambridge Technical Diploma. They are overseeing the whole project from the market research right up to the night itself. Some of their work can already be seen in the tickets, designed by Ramisa Uddin, and available from the school now.

Mrs Peters Business Studies



Cardinal Newman 50th Anniversary Concert

Planning for this started back in November when Noelette Hanley of the Luton Irish Forum contacted me to say that she had booked the Luton Library Theatre on the 13th March for a big celebration of our school's birthday, combined with the 20th anniversary of the Forum! From that point the choir and orchestra had been working hard in their own time to build a programme worthy of the occasion. We decided to play a top 10 hit from the singles charts from each decade from 1969 to the present day. To mark the evening as a special date we also rehearsed Cardinal Newman's own hymn 'Lead Kindly Light' to the tune of 'Danny Boy'.

On the day, we all travelled by coach to the venue for the rehearsal. It was exciting to be performing at a professional theatre and we soon took over the stage with music stands and students keen to start performing. After a gruelling morning, Noelette provided us with drinks, crisps and biscuits to enhance our packed lunches and then we were back rehearsing for the afternoon.

On the evening we all gathered in the backstage room and there was a definite buzz of excitement. We opened the show to a full house with 'Lead Kindly Light' and songs from 1969, 1979 and 1989. The Irish forum put on some lovely music and dancing until the close of the show, where we were on again for the finale. We continued the theme, performing songs from 1999, 2009 and finally 2019 featuring our own Mrs. Deveney, amongst other soloists.

Thank you so much to all parents who supported this event, by providing transport or attending. It was a wonderful experience for our students.

Lastly, I want to say how proud I am of all the talented students of the Orchestra and Choir who give their time and abilities to our events. I am privileged to be Head of Music in a school with such wonderful students.

Thank you to you all,

Mr S Carter Head of Music





Drama News

Newman Drama Student Success!

One of our talented Drama students, Ruby Corrigan in Year 10, has beat many young hopefuls in gaining a place at the prestigious 'British Youth Music Theatre' company's summer programme. The Drama Department asked her to tell us about her experience: -"I auditioned for a theatre group called BYMT who, as well as running summer schools, hold auditions to be part of their summer performance season. Previous shows which the company have created have gone on to be performed in the West End which gives an indication of the quality and professionalism of the company.

"This year over 800 performers from all over the United Kingdom and Ireland auditioned, including myself. My audition lasted for 3 hours and consisted of dance, a solo song, a prepared monologue and many devising tasks.

I had to wait for over 4 weeks to receive my reply from them and when it came it said that I had become a part of the company!

This will give me fantastic opportunities to make new friends, improve my devising skills for my Drama GCSE and maybe even make some valuable connections within the industry."

Well done, Ruby! The Drama Department is very proud of your wonderful achievement and we know you will have an absolutely amazing time! We will look forward to hearing all about your adventures in September!



'Unreturning' Trip

On Monday 21st January GCSE and A-Level students visited the Theatre Royal Stratford to watch Frantic Assembly's latest production 'The Unreturning'. This dynamic piece of theatre embedded with Frantic Assembly's signature physical style based around soldiers and war was an inspiring performance that engaged the students fully. It has been exciting to see how inspired students have been and seeing their practical work develop in response to the play.

The experience of watching live theatre is vital for students to develop as performers and whilst a course requirement at GCSE and A-Level is to see one piece of live theatre over the two-year course we are pleased to be able to offer numerous opportunities each academic year for our Drama students. Experiential learning is a fantastic tool for student development.





The Lion King: Thursday 13 June

Mr Mulholland has organised a trip to see 'The Lion King' for the Drama Club students as a reward for all their hard work and commitment this year.

Exams

Whilst going to press Year 13 A-Level students and Year 11 GCSE students as rehearsing for their final practical exams to visiting examiners in the final week of term. Once these are done full focus will be on the written summer exams. All revision is uploaded to Show My Homework.

Year 12 Drama Trip to Bedford Modern School - 26th March 2019

I had the great pleasure of taking our Year 12 A' Level Drama group to see a performance of devised pieces created by other Year 12 students at Bedford Modern School. Bedford Modern has a long-standing reputation of arts excellence and it was a fantastic opportunity to showcase and share good practice. The three performances included a socio-political piece inspired by the practitioner Bertolt Brecht, a 'Gecko Theatre' inspired physical theatre piece and a comedy created in the style of John Godber looking at stereotypes as a way to identify and explore social issues.

Our Year 12 group thoroughly enjoyed the evening and were very excited and inspired by what they saw with one of them commenting that they 'wanted to get up there and perform themselves!' Newman Year 12 students have already delivered several strong performances themselves this year; they are an incredibly talented group and we are looking forward to seeing what they produce next in their group extracts!

Mrs McHugh Drama Department



Music News

Congratulations to Amelie Rocha of 7Gr who has won an award in the Bowed Strings section of the Bedfordshire Music Festival recently. Amelie has been an important part of our CNS 50 celebrations, playing with the First Violins in the Cardinal Newman Orchestra at the 50th Anniversary Concert at Luton Library theatre. Amelie also sang a beautiful solo in the recent Gym & Dance Show. Well done Amelie.

Mr Carter Head of Music



English Writing Day

On Wednesday 20 March CNS English Department played host to 60 Year 6 students, accompanied by their teachers, from our Trust partner primary schools - St Margaret's, St Mary's, St Vincent's and St Martin De Porres - for a Writing Day.

For the first part of the day the students heard from Trust CEO, Mr Richardson, and Mrs Morgan, the Headteacher from St Martin de Porres. They heard about what school was like in the dim and distant past when Mr Richardson and Mrs Morgan were at school. There were some very illuminating confessions shared! The students asked all sorts of probing and challenging questions of the two speakers. The students were placed in mixed groups

Mr Ritchie Head of English

P LOPERT

SEND Department

Over the course of this term, Mrs Tambe and I have taken a number of students from Years 7-10 to Kempston Rovers FC to take part in the 'Attitude Counts' event. Years 7 and 8 had a wonderful day and their playing was fantastic. Years 9 and 10 had an amazing day and they were a credit to the school. At the end of the day, the boys were offered a great opportunity - to play in the County Cup for the Under 15s.

Mr McPherson

HegartyMaths

This year in Maths we have launched a new homework programme called HegartyMaths. Alongside weekly homework students can do extra revision and learning and so far we have had some outstanding levels of effort from students in all year groups. In the school as a whole we are averaging 11 hours of learning outside of the school day which puts us 77th out of the 1200 schools that use the programme in the UK.

Year 8

Name	Number of
	Hours
Tiffany OSADINIZU	67.8
Anna EWER	62.6
Wendy MULUMBA	61
Hannah KAMARA	60.1
Francesca COAKLEY	53.3

Year 10

Name	Number of
	Hours
Daniel RUHANA	48.3
Mateusz GUZY	43.9
Natalia JANUSZEWSKA	39.4
Agrata PALATY	36.2
Orest OHAL	33.1
Bethany RIDOUT	33.1

& hegartymaths

Below are the leader boards for each year group:

Year 7	7
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Name	Number of	
	Hours	
Gloria FERNANDES	53.4	
Matthew KAMAU	47.9	
Raphaela OGUNSEITAN	44.9	
Leyton BRODERICK	44.7	
Caitlin CAHILL	43	

Y	e	а	r	9
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Name	Number of
	Hours
Chi COWIE	55.8
Rhenee WARREN	35.8
Leah SULLIVAN	35.7
Kacey WAREHAM	30.4
Yuliya CHARANKEVICH	29.8

Year 11

Name	Number of	
	Hours	
Thivyan THIYASRILAN		49.1
Javin RAMKISSOON		45.2
Kyle NJUNGE		44.6
Gradi ILUNGA		43.2
Jonasz ZAREBA		35.4

Mrs Streater Acting Head of Maths



Art Masterpiece of the Month!



Congratulations to Raven Castro in Year 12 for this stunning artist page!

Mrs Bignall Head of Art





Night at the Movies–Gymnastics, Dance and Live Music Show





Thursday 14th and Friday 15th March saw the third gymnastics, dance and live music show organised by the PE department and the Music Department.

The show took over 3 months to rehearse and prepare for, with twice weekly rehearsals after school.

This year the show consisted of mainly Year 7 and 8 students performing their gymnastics and dancing talents with the older students singing and playing in the band. The show was a great success with some very lovely feedback from the audience and school staff for example:

'Just wanted to say thank you and a huge well done for putting on such an amazing show on Friday, I absolutely loved it! I got quite emotional at times seeing the amazing choreography set to the beautiful orchestration and how much the students were enjoying themselves! It was just wonderful!'

The proceeds from the show are being put towards the purchase of high-quality gymnastics tumbling mats ready for next year's show.

Both myself and Mr Carter really enjoyed putting this show together and seeing the enjoyment that the students and audiences got from the performances. We are very much looking forward to next year's show 'Love is all around' in which we hope to have an even wider array of talented students involved.

Mrs Gazeley (PE Department)



Ski Trip To Austria!



The Drama Club, Orchestra and Choir of 2019 presents 'The Spring Showcase'.

The students were asked to create their own pieces that they have been working so hard on since January. The showcase will consist of a variety of performances such as acting, singing and dancing. We will have the orchestra and choir performing a selection of material that was presented at the Newman 50th celebrations.

All are welcome, including family and friends. Tickets are £2- available from finance office. Thank you for your support.

Mr Mulholland





Last year saw Cardinal Newman achieve bronze level in the International School Award, which is supported and promoted by the British Council.

This year another step towards further accreditation was taken with our Erasmus exchange programme, also supported and promoted by the British Council in partnership with the European Commission.

52 students supervised by 7 staff came to Cardinal Newman from France to spend a couple of days with our cohort of Year 10 students studying French.

Le collège de Guinette in Etampes is a secondary school in France catering for students at KS3 and KS4 and whose headteacher, Madame Christine Bureau, has been our main link for the past 3 years in order to facilitate school trips with a focus on students' immersion.

For the first time however, this visit is not going to be a onetime only encounter for students on both sides of the partnership. The British Council is extremely fond of partnerships that foster real reciprocity and therefore the grant that the school secured from the British Council will be used in order to make sure that students can travel abroad and carry on building a long-lasting relationship as they meet again on our turn to visit the French school later on this year.

When the French students arrived at Cardinal Newman on Wednesday 27th

March,

they were welcomed to the school canteen where the amazing Mr Carter and his class of Year 11s performed a variety of pop songs to break the

ice. This was followed by the outstanding



performance of our own headteacher, Mr Richardson, who welcomed our guests in his best French. A performance alas lost to posterity as we had not planned for any staff to record the event, but which will nonetheless live in the memories of our Year 10 students who clearly were impressed by his eloquence in a foreign language. Well done Mr Richardson, you almost outshined Mr Carter's brilliant performance on the bass!

Students spent the rest of the day together, trying to communicate, certainly failing at times, but also successfully making connections at other times as witnessed in class where a variety of activities had been designed to make them use their communication skills. A special thanks to Jane Porter for joining us in the afternoon, if you look at the pictures carefully you may see her amid the students helping them along!

The MFL department are also very grateful to all staff who welcomed extra students to their classes, and who kindly gave those French students an idea of what it is like to be in a classroom in the UK in spite of the inevitable effect it would have on the attention our own students would pay in lessons. Thank you all for your participation. **Mr Le Coguic**



History News



The Year 7s have been working tremendously hard this half term to make the top floor look like Medieval England! With the study of the Middle Ages well underway, students have been creating their own castles, becoming experts on the development of castles and why they're so important to British history. Once again this year the students have been extremely creative - baking cakes and pastries, producing creative written projects along with games based on their research and presentations, all of which show their passion for History. The Year 7s have done a fantastic job and worked exceptionally hard to be medieval architects and historians! We're so proud of them! Very well done Year 7.

Every year, Year 9 are asked to take part in the History Department's Trench competitions. Not only do students design and make a model, they are also required to carry out research and present their model to the class. This presentation required students to look beyond the object and consider the reasons for the design, change and continuity in design and the impact the design had on battles and its significance – particularly in warfare. The aim of this is to encourage independent study and develop those higher order skills required for GCSE. Furthermore the History Department are promoting those important 'soft skills' so often desired by potential employers. Well done to all of the students who took part, and especially to the winners the standard this year has been one of our best yet. Year 8, can you match it next year?

Miss Keane The History Department



Year 8 County Netball

The Year 8s attended the Bedfordshire County Netball tournament in March. The team played some excellent netball against some very tough opposition including Bedford Girls School, who were the eventual winners of the tournament. Well done to the whole team and looking forward to netball in Year 9. The players are:

Tiffany Osadinizu Temi Adeyemi Ella Vizard Elisa Mason Makhaela Karanja Alison Cawley Rowena Barron Molly Maguire Chelsea Koleosho Megan Earnshaw



Year 9 & 10 Luton Schools Football

The Year 9 /10 girls' football team had a good start to their season with a win over Chalk Hills Academy. They then had a narrow defeat to Icknield, when they conceded a penalty in the last minute of the game, losing 1-0. The team have demonstrated excellent motivation and perseverance. Well done to all the players:

Freya Hunt Mya Blackett Jessica Abbott **Evie Broadhurst** Ellie Geary **Emily Brown** Freya Burke Mary Carolan Michaela Downer Victoria Olagbemiro **Ruby Corrigan** Sophie Egbaran Kelly Emengou **Eve Perry** Lily Hutton Octavia Downer Janis Jo Lawmann

Mrs Large Head of PE

Geneva Science Trip!

Experiencing Cheese fondue at the Edelweiss restaurant!





Taking the students to 'Prison', an exhibition at the International Red Cross/ Crescent Museum



Students pondering 'Wandering the Immeasurable' sculpture inform of Cern HQ

Tom blowing the biggest trumpet of his life in the Edelweiss Swiss restaurant





We truly are a united nation in CNS!





Ready for fun at Faverger chocolate factory! It's a pity we don't have smell with photos it was an amazing scent in the air!

Year 7 5-Aside Football

The Year 7s attended the English Schools Football Association's 5-aside football tournament as Bedfordshire's representatives after going unbeaten in the Luton Schools 5-aside football tournament. The boys played some fantastic football against some very talented schools in the reginal finals in Norwich (UAE University). The boys were narrowly defeated by eventual winners Queens School (Watford); a win would have seen them make it to the ESFA finals in Birmingham. They eventually finished the football tournament in 3rd place on goal difference. A fantastic experience so early on in their school career and a super effort from every player involved.

Players:

Ciaran Hayes Cillian Gallagher Zach Howell Nicholas Mahoney (VC) Larry Tindi-Kagwa James Geary Logan Russo Harry Bermingham (C) Manuel Owusu

Mr Emmett PE Department







Sixth formers raise money for Comic Relief

For Comic Relief, Sixth Formers decided to go above and beyond and organise their own events to raise money for this much-deserved charity. As well as donating £1 each to dress in 'fancy dress' or £2 to 'opt out', they also planned their own cake sale with goodies made especially for the occasion. Miss Blackbird said 'I am very proud that our students are so generous and absolutely committed to planning their own charity and volunteer events. Please can I give a special 'thank you' to the following sixth formers who either bought in cakes or helped run the cake sale event: Aisling McAree, Amy Sutton, Megan Farrell, Jessica Ocran, Aoife McMorrow, Mia Brinklow, Ines Delic, Callum Turner and Ciara Shadlow. We managed to raise over £300 which is a huge achievement. Well done to all students and Sixth Form staff involved'.







Entrepreneur DJ wows students at sixth form social

Taku Bvukumbwe-Chisanga, a creative musician in Year 13, wowed students and staff at the March Sixth Form Social with his DJing talent. Miss Blackbird said of the event that 'I was apprehensive at first because I had never heard or seen Taku play before, but when he turned up early with all the equipment and started methodically setting up, I was really impressed by his professionalism. As soon as Taku started mixing and using sound effects I was absolutely blown away; Taku has a real talent and flair

which I hadn't seen in a young person in this scenario before. We have already asked if he would do future Sixth Form Socials and become our 'Resident DJ'. We paid him of course, and I think he was really happy to see his self-made business start to flourish. Well done Taku.'

Talking after the Social, Taku said 'I have always had an interest in music, hence why I decided to learn how to DJ. I enjoy seeing other people having fun and enjoying the party because of what I'm playing. I was excited about DJing for the social as I wanted to showcase one of my many hidden talents, which people might not have known about. I look forward to hopefully Djing again for a social soon.'





Social Sciences trip to Budapest

A group of Year 12 and Year 11 students were given the opportunity to visit Budapest. One of the day trips involved a visit to the PETO Institute. This was a rare opportunity for the students to be given a tour around one of only a handful of institutions of this kind in the world. The students were given the chance to see physical intervention programmes in action. It was very humbling to see the work the practitioners do with individuals who have Cerebral Palsy, ranging from babies through to adulthood. Within the PETO Institute they also work to rehabilitate stroke victims and those who are suffering from Parkinson's. There was also an international unit for patients who had travelled from countries all over the world to receive treatment.

Another rare opportunity the students were given was during a visit to the Vadaskert Foundation. The students were given a talk followed by a tour of the building. The Vadaskert Foundation work with children and young people who suffer from any form of mental health problem, behavioural difficulty or some form of autism. The young people come to stay at the Vadaskert Foundation and work with the practitioners to find strategies to help them cope with the things are finding difficult, avoiding the use of medication. The students were able to meet some of the current residents receiving treatment and see the work they had been completing. Within the Vadaskert Foundation there is a section dedicated to new mothers who are suffering from postnatal depression. The mothers were able to participate in their treatment programme and also have their baby with them, speeding their recovery. The treatment works to develop and improve the relationship between mother and baby.

Another fantastic opportunity was a visit to the Hospital in the Rock. We were given a personal tour of the sections of the hospital that were used during World War 2 and the fight against Communism. The students were surprised by the lack of basic facilities the staff and patients had. We spent a great deal of time walking and visiting as many sights and places of interest as possible, as you can see in the photos from our trip. The students were fantastically well behaved throughout the trip and role models of our school. They created memories that will stay with them forever.

Mrs Burns







Year 12 Law: Allen and Overy Skills and Assessment day

On Wednesday 27th March we attended the Allen and Overy Skills and Assessment Day. Over the course of the day we were interviewed for the opportunity of undertaking a work placement at this prestigious London law firm. We had 3 sections of activities for the day: the interview (by a legal professional), the challenge (presentation on Al in various industries) and team building (robbery mystery). After an exciting and valuable day we will find out the results on 10th April, please keep your fingers crossed for us!

Applicants:

Brandon Kinyua Crystal Lai Daniel Kelly Josephine Redican Klaudia Pawlik Lisa Wilson Maureen Mbaje Rhianna Bennett Shannon Nuttall Thomas Treanor Dami Akinjise-Ferdinand Lauren Rees

Ms McLean

"We completed a 'Who Done It?' activity which made me think outside the box and consider novel situations." -Brandon



"My favourite part was the team challenge when we had to solve the mystery because it was really competitive and my team was motivated to win. We solved it against 5 other teams who were competing at the same time." - Klaudia

"The mentors were really nice!" - Lisa

"My favourite part of the day was the challenge. I got to learn valuable life skills as well as putting my existing skills to use, plus I was able to meet new friends who I have kept in touch with." – Crystal

"I really enjoyed the interview as I haven't had many opportunities to speak to legal professionals, and I believe it helped me gain an insight into what it takes to become a lawyer." –

"Rock, paper, scissors as an ice breaker was fun, especially as I won it out of 200 applicants!" -Lauren



High-flying students attend Oxbridge Conference



High-flying students attend Oxbridge Conference

To raise aspirations in the Sixth Form and to give students a better insight into the Oxbridge application process and the courses they offer, we took 24 exceptionally bright young adults to Epsom for an Oxbridge Conference on Wednesday 27th March. Megan Mahoney, a Year 12 student who attended, wrote about the event, 'The academics were extremely passionate about their subjects and so their workshops were incredibly engaging. We kearnt how to make a competitive application and where having an Oxbridge degree can take you. Although the conference didn't answer all of my questions, it was an amazing opportunity and really sparked my curiosity surrounding the options available to me in Higher Education.'

Miss Blackbird, the Head of Sixth Form, also commented, 'We really try to push and challenge the young adults in our Sixth Form, to show them that they have so much potential and really can go on to study in the world's No. 1 ranking Universities. Alongside this trip, the Year 12s also have an Oxbridge seminar every fortnight with Miss Church, an Oxford graduate, who sets them on wider reading tasks or does Oxbridge exam preparation. Typically, we have one student each year who goes on to study at Oxford or Cambridge, which is a real honour when you consider that 19,000 students apply to each of those Universities every year for around only 3000 places. This year Sam Tenny has an offer from Cambridge and we wish him every success in A-Levels and his journey beyond. We hope that our Year 12 cohort will be just as successful in their Autumn UCAS applications.'

Sixth Formers speak out for our town!

Two of our most passionate students in Year 12, Mya Kiannat and Sana Ali, were invited to share their views at the #saveourtown Conference held by Luton Borough Council on Thursday 7th March. Nigel Green, the Chairman of the Conference, reported that 'They were amazing! Very open, engaged and articulate and a real credit to your school. They represented your student body in a most effective way'.

Sana and Mya said afterwards, 'It was a lovely experience and very insightful to find out how Luton is going to change for the better. We loved giving our feedback and thoughts to the Council and it was amazing for them to want to give us, young people, a voice to express our ideas on how we can improve Luton. We interacted with many other students from different areas and heard their views on many topics. It was exciting to hear what the Council and 'Save our Town' members had in mind for Luton in the future. We hope to see the changes we discussed as we aim to make Luton great again. Many thanks to 'Save our Town' for inviting us.'

We are very proud that our students are engaging with policies outside of our school that affect the whole community. These girls have such bright futures ahead of them; we are lucky to have students like them in our Sixth Form who really want to make a difference to the lives of others. Well done Sana and Mya!

Miss Blackbird Head of Sixth Form



Official Reunion



Saturday 4th May 2019 7:00pm

Your chance to return to Cardinal Newman to celebrate 50 years of education and our school community in Luton.

Music by The Skivers, DJ Dean Blackett & DJ Mick McGrath Food by Old Skool Pantry

Tickets cost £25 which includes food and a welcome drink

Tickets are limited and can be purchased from the school.





Venue: Cardinal Newman | Warden Hill Road, Luton, LU2 7AE