



**Cardinal
Newman**
CATHOLIC SCHOOL



@CNSLUTON



CARDINAL NEWMAN
CATHOLIC SCHOOL



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LENT *NEWMAN* **NEWS**

March 2023

WWW.CARDINALNEWMANSCHOOL.NET



NEWMAN news

The official newsletter of Cardinal Newman Catholic School

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Mr Govender

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Miss Farnham

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Mrs Kilby

Mrs Thoullass

Mrs Bignall

Mr Petrie

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Mrs Keane

Mr Carter

Mrs Streater

Mr Brooks

Mrs Topa

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**Cardinal
Newman**
CATHOLIC SCHOOL





NEWMAN news

The official newsletter of Cardinal Newman Catholic School

A message from Mr Bull, Headteacher

Dear all,

What a tremendous term of activity and celebration. I hope that this edition of Newman News gives you a really good picture of what has been happening at Newman over the last 3 months. I want to thank all the staff, students and parents for their efforts and support of each other. Have a blessed Easter and we look forward to welcoming everyone back in April.

God bless,

Andrew Bull
Headteacher



CHAPLAINCY

chaplains

Ash Wednesday Liturgies

Thank you to our wonderful team of 22 Sixth Formers who distributed ashes to the whole school at our six liturgies on Ash Wednesday.



Jane Porter
Chaplain

CHAPLAINCY

chaplancy

Ash Wednesday Liturgies



Jane Porter
Chaplain

CHAPLAINCY

chaplancy

Lent Liturgies

Thank you to all the readers, singers and instrumentalists who took part in our Lenten liturgies at the end of term.



Jane Porter
Chaplain

FEAST DAY

feast day

St John Bosco's Feast Day

In January, we celebrated St John Bosco's Feast Day in our Don Bosco Centre, with lots of activities throughout the day and staff joining together for prayer at the end. Thank you to our wonderful Don Bosco staff!

'Always think well of everyone and be ready to help others. Do this and you will be happy'



'Patience smooths away lots of difficulties'



'Do not put off till tomorrow the good you can do today'

'It is not enough to love the young; they must know that they are loved'

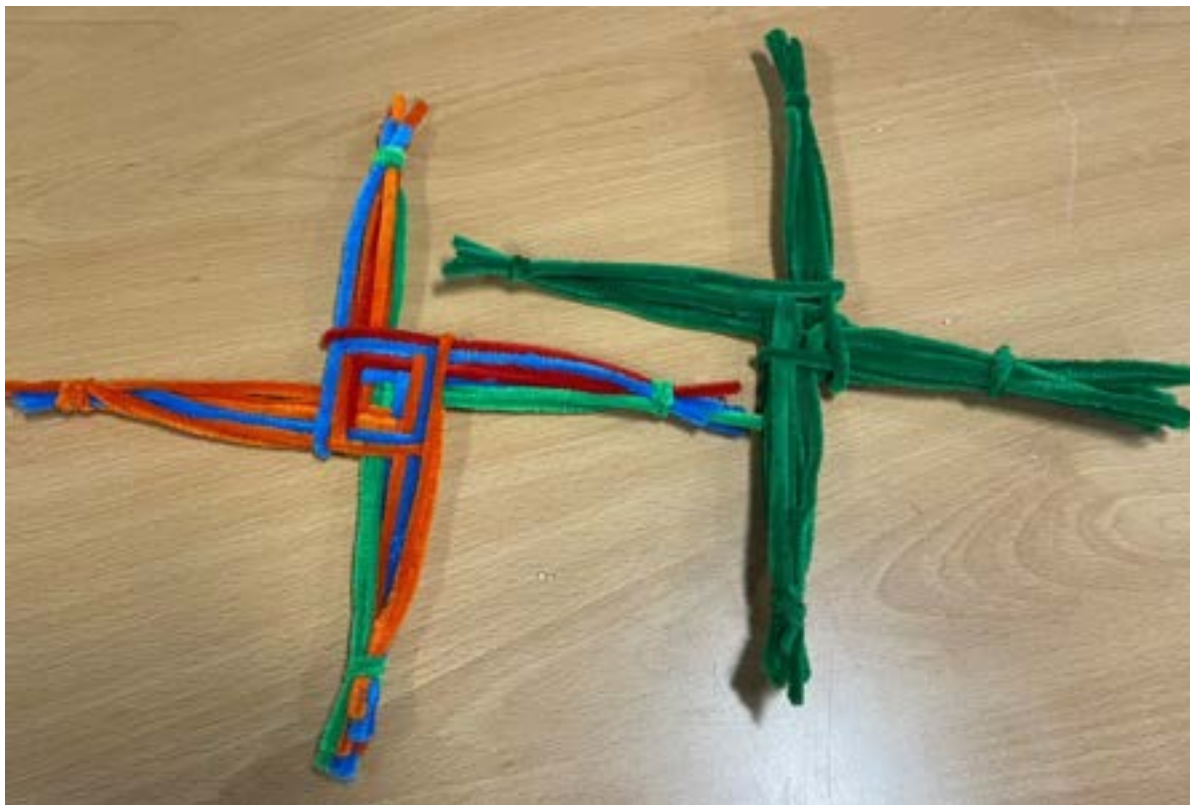
'Without confidence and love, there can be no true education'



FEAST DAY

St Brigid's Feast Day

In February, we celebrated St Brigid's Feast Day in our St Brigid's Centre. Students took part in a variety of activities including making St Brigid crosses and bread making.



CULTURE DAY

Culture Day - International day for the Elimination of Racial Discrimination

Culture Day was held for the first time at CNS on Tuesday 21st March. We had assemblies for all year groups, and this event was suggested, and organised, by the following Y11 students:

Eleona Agyemang
Ketsia Masasa
Abigail Osei
Rayo Olajide
Lara Shodeinde Alvarez

Tianna Ranson
JamilaLubay
Raphaela Ogunseitan
Jocelin Ohenewaa-Asiedu
Shareen Lasam

The day comprised of presentations from students, enlightening us about their country or origin (Europe, Asia, Africa, Caribbean Islands).

Students performed Irish, Indian and African dance, a rap about Nigeria and a Malayalam (Indian) song. Each classroom door was decorated, representing a particular country, a variety of food was served in the canteen and students and staff dressed in their traditional clothing. It was a beautiful celebration of the diverse culture at Cardinal Newman.

Mr Govender, Mr Kirby, Miss Farnham
The CNS Culture Day Team

CULTURE DAY

culture day



CULTURE DAY



CULTURE DAY

culture day



CULTURE DAY

culture day



CULTURE DAY

culture day



ENGLISH

Poetry by Heart Competition

On 8th March 2023, the fantastic CNS KS3 Poetry By Heart Competition 2023 was held and it was absolutely a-maz-ing!

Our illustrious judges, Mr Garvey and Miss Dowdeswell, were incredibly impressed with the excellent standard of every single recital and would like to extend congratulations and huge thank you to everyone for their recitation(s). The judges particularly noted the accuracy and the level of effort and preparation that had been put into place ahead of their recitals and stated that every performance was thrilling to watch.

Freestyle performances incorporated music and movement in their interpretation and, along with the Classic, were thoroughly enjoyed.

In all competitions there must be a winner, and after much deliberation and discussion the overall winners of the school Classic competition were decided and are as follows:

1st Place: Alicja Nowacka

Invitation to Love, by Paul Dunbar and The Language of Cat, by Rachel Rooney

2nd Place: Melissa Achkar

The Ideal, by James Fenton and Where the Boats Go, by Robert Louis Stevenson.

3rd Place: Varshika Thevakumar

Harriet Tubman, by Eloise Greenfield and Leisure, by W. H. Davies

ENGLISH

Poetry by Heart Competition

This is the first time that we have included the Freestyle element of the competition and it was wonderful to see the different and creative presentations of the poems chosen.

The Freestyle winners are:

1st Place: Saoirse Mohammed and Grace Mitchell

Village Song, by Saojini Naidu

2nd Place: Melody Tavares-Furtado and Chanelle Njenga

Time, Valerie Bloom

A huge well done to all the winners and runners-up, but also a huge well done and thank you to everyone that participated and made the event so brilliant. I can't wait until next year!



Mrs Nicholls
English Teacher

ENGLISH

Poetry by Heart Competition - winning poems

The Language of Cat (2011) Rachel Rooney

Teach me the language of Cat;
the slow-motion blink, that crystal stare,
a tight-lipped purr and a wide-mouthed hiss.
Let me walk with a saunter, nose in the air.
Teach my ears the way to ignore
names that I'm called. May they only twitch
to the distant shake of a boxful of biscuits,
the clink of a fork on a china dish.
Teach me that vanishing trick
where dents in cushions appear, and I'm missed.
Show me the high-wire trip along fences
to hideaway places, that no-one but me knows exist.
Don't teach me Dog,
all eager to please, that slobbers, yaps and begs for a pat,
that sits when told by its owner, that's led on a lead.
No, not that. Teach me the language of Cat.

Invitation to Love (1897) Paul Dunbar

Come when the nights are bright with stars
Or come when the moon is mellow;
Come when the sun his golden bars
Drops on the hay-field yellow.
Come in the twilight soft and gray,
Come in the night or come in the day,
Come, O love, where'er you may,
And you are welcome, welcome.
You are sweet, O Love, dear Love,
You are soft as the nesting dove.
Come to my heart and bring it rest
As the bird flies home to its welcome nest.
Come when my heart is full of grief
Or when my heart is merry;
Come with the falling of the leaf
Or with the reddening cherry.
Come when the year's first blossom blows,
Come when the summer gleams and glows,
Come with the winter's drifting snows,
And you are welcome, welcome.

Village-Song (1905) by Sarojini Naidu

Honey, child, honey, child, whither are you going?
Would you cast your jewels all to the breezes blowing?
Would you leave the mother who on golden grain has fed you?
Would you grieve the lover who is riding forth to wed you?

Mother mine, to the wild forest I am going,
Where upon the champa boughs the champ buds are blowing;
To the köil-haunted river-isles where lotus lilies glisten,
The voices of the fairy-folk are calling me – O listen!

Honey, child, honey, child, the world is full of pleasure,
Of bridal-songs and cradle-songs and sandal-scented leisure.
Your bridal robes are in the loom, silver and saffron glowing,
Your bridal cakes are on the hearth: O whither are you going?

The bridal-songs and cradle-songs have cadences of sorrow,
The laughter of the sun to-day, the wind of death to-morrow.
Far sweeter sound the forest-notes where forest-streams are
falling;

O mother mine, I cannot stay, the fairy-folk are calling.

WORLD BOOK DAY

World Book Day - Book Mark Competition

The library ran a book mark competition for World Book Day on 2nd March 2023. Well done to all those who entered. We had some amazing entries with Mr Bull selecting the final winners. You can see the winning and runner-up designs over the next few pages.

STUDENT WINNER:

IQRA UDDIN – 9A

STAFF WINNER:

DEBRA KILBY

RUNNERS UP:

GABRIELLE SAQUING – 8A

EMMA SOSKOVA – 9G

AGNES JIJO – 9H

SRISHTI ABROL – 9HU

LENA NOWAK – 8M

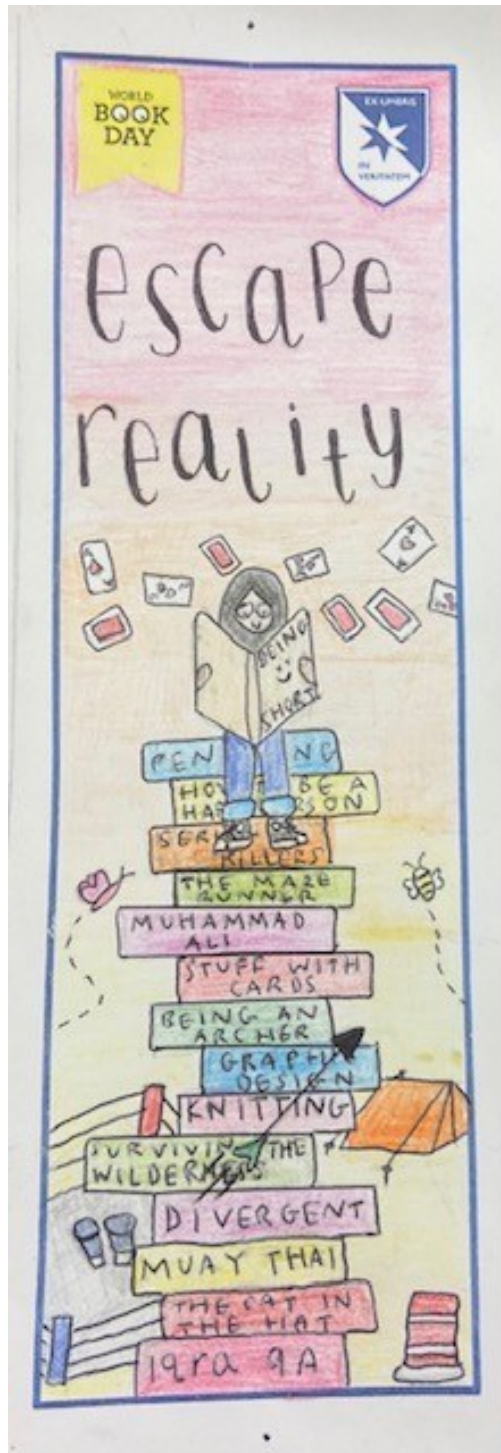
Mrs Kilby

Library Manager

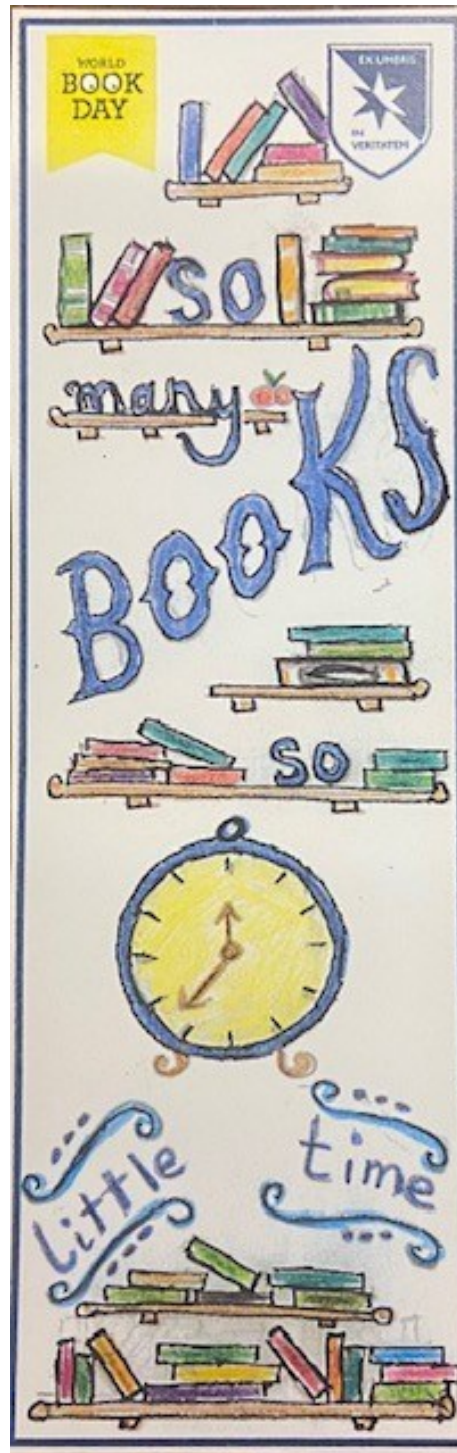
WORLD BOOK DAY

Book Mark Competition

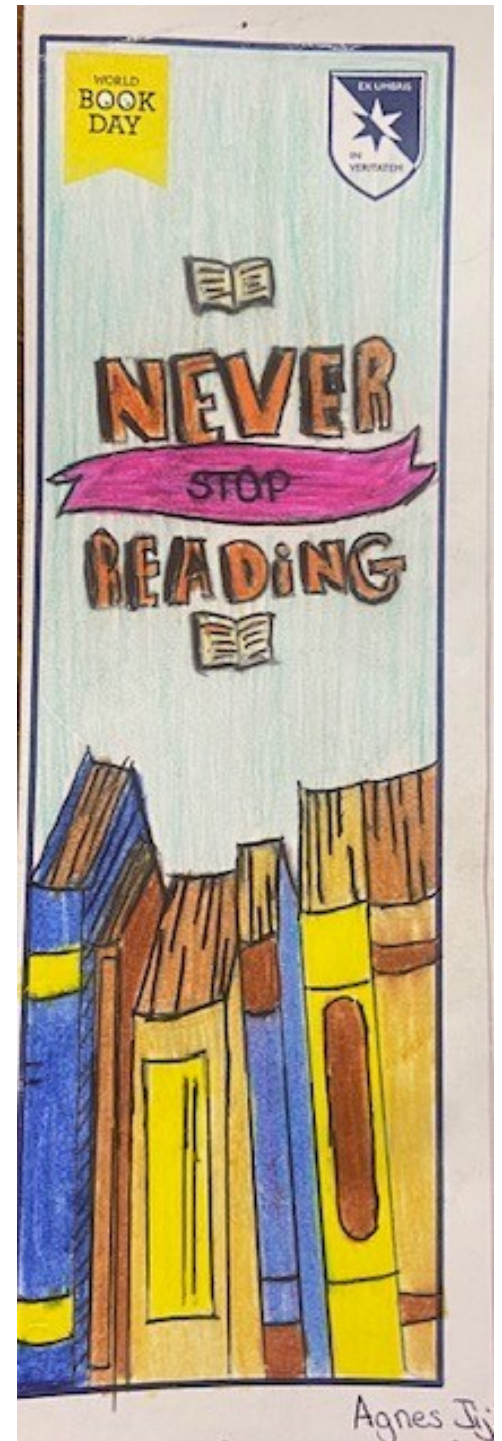
Iqra Uddin



Debra Kilby



Agnes Jijo



WORLD BOOK DAY

Book Mark Competition

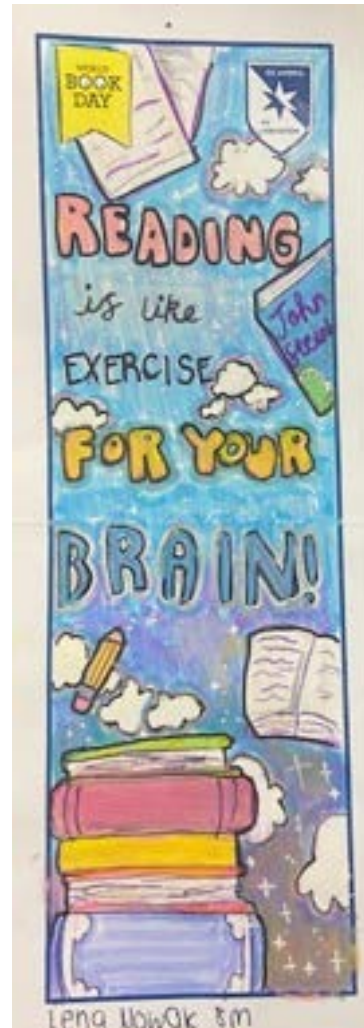
Emma Soskova



Gabrielle Saquing



Lena Nowak



Srishti Abrol



WORLD BOOK DAY

World Book Day



HISTORY

Year 9 History Trench Competition

Year 9 historians have once again produced some wonderful trenches for the Trench competition this term. We never cease to be amazed by the creativity and resourcefulness of our students. It was a pleasure to listen to the presentations and hear all about their deepened understanding of the nature of trench warfare during World War I. Well done Year 9! Keep up the good work!



Year 11 GCSE History Former Chief Examiner Workshop

Our Year 11 historians recently had the opportunity to work with the former Chief Examiner for GCSE History. The workshop was challenging and fast paced, and it was great to see our students respond so well. Well done Year 11 historians! Keep up the good work!

HISTORY

Year 11 GCSE Trip to the Science Museum in London

Earlier this term some of our Year 11 GCSE historians had the opportunity to visit the Science museum to learn more about the History of Medicine. Our students engaged with a range of activities to deepen their understanding of the development of medicine over time, which will help them with their exam in the summer. They were great ambassadors for Newman and a pleasure to spend time with. Well done Year 11 historians!



Mrs Thoullass
Curriculum Leader for History

ART & DESIGN

art & design

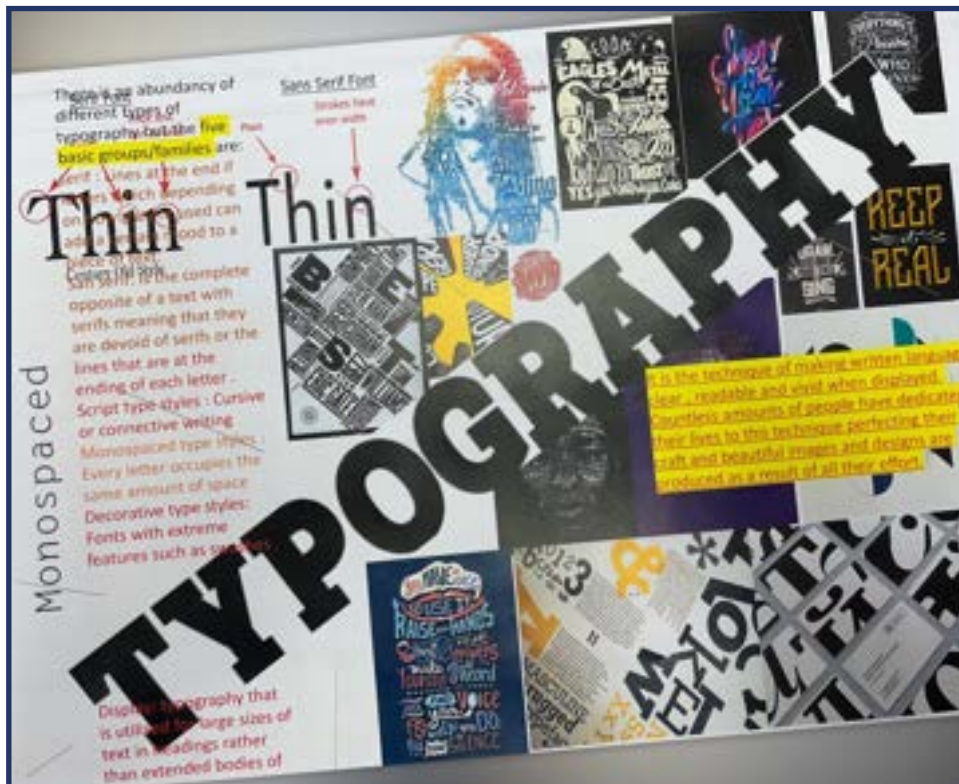
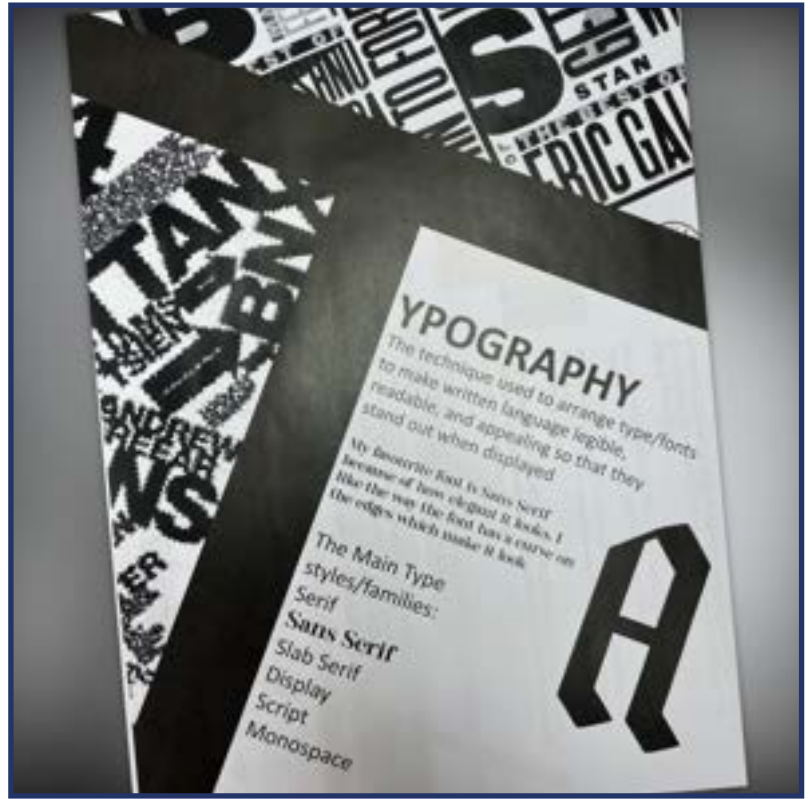
Year 10 Graphics - Typography Workshop

All students were given the same task but all the pages have been presented so differently! Well done to students for their creativity.



art & design

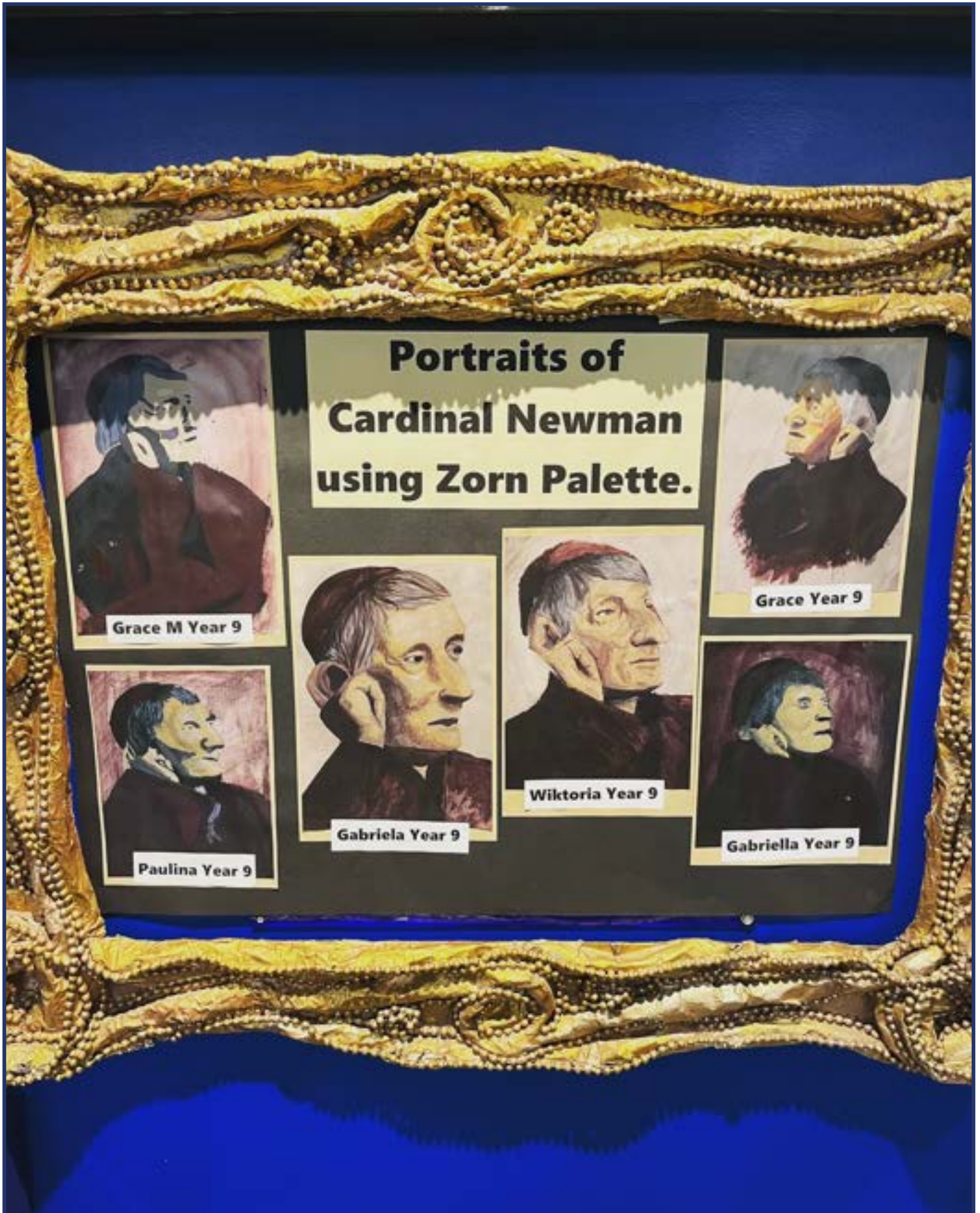
Year 10 Graphics -Typography Workshop



ART & DESIGN

art & design

Masterpiece of the Month - March 2023



ART & DESIGN

art & design

Zorn Palette Portraits of St John Henry Newman



ART & DESIGN

art & design

Masks

Angelika Drazbo 8HE blew us away with this incredible tonal mask!



Mr Petrie
Art Teacher

ART & DESIGN

art & design

Masks

8M experimented with ceramics and glazes inspired by Mexican and African cultural masks. Wonderfully creative and wonderfully individual! I am very proud of the work they have produced!



Mrs Bignall
Curriculum Leader for Art & Design

ART & DESIGN

art & design

Year 7 Tonal Drawings



ART & DESIGN

art & design

Year 9 - Cubism Portraiture



Mrs Kravcova
Art Teacher

PERFORMING ARTS

performing arts

‘Sophocles’ Theban Plays in the 21st Century

On Tuesday 7th March our A’ Level Drama students took part in an online seminar with the University of East Anglia.



The topic was, ‘Sophocles’ Theban Plays in the 21st Century’ and was delivered by respected professor, Dr Birgit Breidenbach, who lectures in Literature and Philosophy. The seminar was very informative and students enjoyed the event adding to their knowledge of Greek tragedy both from a historical and contemporary viewpoint.

This experience will be beneficial as we approach the written paper next term.

Solomon Theatre Company - The Power of Love

On Wednesday 29th March, our GCSE Drama students watched a performance of ‘The Power of Love’, performed by the Solomon Theatre Company.



The Solomon Theatre Company are a touring company and we invited them into school as part of the students’ exam preparation.

The theatre in education company create and perform plays for specific age groups and ‘The Power of Love’ focuses on recognising the signs of coercive control within young peoples’ relationships.

The students were really engaged in the performance and had the opportunity to take part in a workshop with the cast afterwards.

PERFORMING ARTS

performing arts

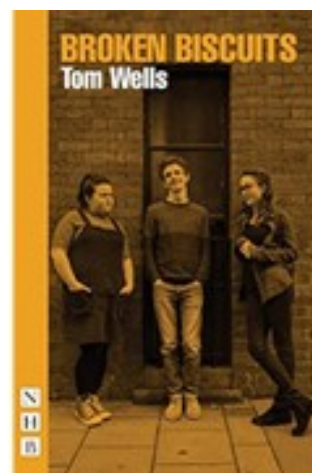
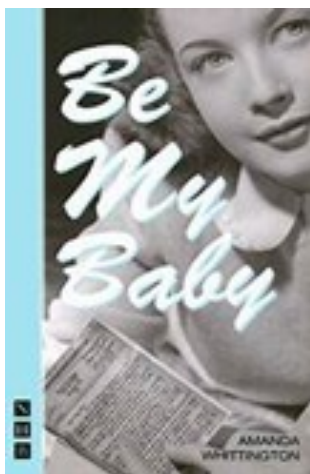
A Level Drama

On Friday 27th January, our Year 12 A-Level Drama students performed their Component 2 devised pieces. This particular component requires students to work from a variety of stimuli and create their own, original piece of theatre.

The Year 12's focused on significant global events such as 9/11 and used elements of both Aleky Blythe, (Verbatim Theatre) and Frantic Assembly to present their performance. They produced excellent work and had a very positive response from their audience!

Year 13 Component 3 Practical Exam

On Tuesday 28th March, our Year 13 Drama students performed to an AQA examiner their group final performances of 'Be My Baby' and 'Broken Biscuits'. The students showed their commitment to their characters and created a Stanislavskian performance.



PERFORMING ARTS

performing arts

Tangled Feet Theatre Company Residency

We were lucky enough to host Tangled feet Theatre companies at Cardinal Newman Sixth Form for a 3 day residency in January. It was a refreshing start back to the new term, working side by side in creating a nuance piece of theatre through a new and exciting approach to delivering the performance.

After introductions and some very physical warm ups, the students were set straight to discussing ideas and devising with the company. They worked collaboratively with both directors, actors, set and costume designers along with sound and lighting directors also. This was such an experience to be a part of all elements from design, to directing and of course performing.

The rehearsals developed over the residency, with hard work and of course commitment, they then performed, using the setting of promenade theatre, which took the audience across our school site to various 'stages' of performance.

Recordings of the actors performing, delivering lines and soundscapes allowing the audience to experience the performance deeply through these senses, they had produced a wonderful piece of exciting theatre within the 3 days.

We would love to thank Tangled Feet for allowing students to be part of this thrilling new approach to theatre and a huge well done to our Year 12 and 13 Drama students for their total dedication and sheer enjoyment taking on this mammoth challenge, you are all a credit to Newman Sixth and of course to our department. Keep being creative!

PERFORMING ARTS

performing arts

A Night at the Movies

Since January, the KS3 Drama club, the Orchestra, The Cardinals and the Choir have worked fantastically well to put together the Performing Arts department's 'A Night at the Movies' show. From James Bond to Mean Girls, Titanic to Home Alone, the show had it all!

This has been the first performing arts show since the highly reviewed production of 'Chicago - the school musical last summer.

It has been a chance for our very enthusiastic students to show their God-given talents to parents, carers, and staff. We are very proud of the students and staff involved in putting this fantastic performance together. We hope you enjoyed it!

Summer Musical

On Friday 24 March, we hosted a movie night for the students to watch the reveal of our Summer Show - Matilda the Musical!

We had a number of students attend the evening and there was an exciting buzz in the studio.

Auditions took place on Monday 27 & Tuesday 28 March for Matilda. Students took part in Music, Dance and Drama. We would like to give a special thanks to Nathan Bucio for choreographing the dance to 'Revolting Children' on the two days. The show will be taking place on Wednesday 12 July & Friday 14 July from 7pm in the main school hall.

More information on how to purchase tickets will be sent via ParentMail closer to the event date. We hope to see you there!

PERFORMING ARTS

performing arts

Summer Musical



PERFORMING ARTS

performing arts

Matilda Cast

(In order of appearance)

Eric - Cameron Burton

Tommy - Jack O'Boyle

Amanda - Lexie Mullooly

Bruce - Jack Cormac

Lavender - Orla Linnane

Alice - Ariana Lukasevic

Hortensia - Megan Jones

Nigel - Brandon Burton

Matilda - Gabrielle Saquing & Isla Seery

Mr. Wormwood - Cody Harris

Mrs. Wormwood - Kelly Ferguson

Michael - Emmanuel Adejuwon

Mrs. Phelps - Annette Njoki

Escapologist - Luca Beeney

Acrobat - Michelle Ogunleye

Cook - Aimee Linanne

Miss Jenny Honey - Sheena Ward

Agatha Trunchbull - Amelia Piotrowska

Mechanic - Noah Watson

Rudolpho - Thomas Carragher

Sergel - Frankie Doherty

Ensemble: Little kids, Dads, Mums, Big Kids - 1/2/3, Russians

John Cappello / Eugene Moore / Krystian Lizut / Georgia Ameh / Niamh Devine

Scarlett Clark / Melissa Achkar / Leila McKeeverne / Divine Kweme / Rhema Eweka / Madi Enohmbichang / Mya

Anokwawe / Miguel DumLao / Oliwia Micun / Amelia Hammond / Amelia Ese-Adjarhore

Lilia Coakley / Rishi Gandhi / Adana Olliviere / Maja Skalska / Kiersten Gaughan / Evie Warren /

Jessica Stenson / Lucia Kidman / Laine Sarte / Matteo Cole / JJ Lam / Tia Mendoza / Vanessa Gregorek / Sherie

Chidi / Kosi Edozie / Jessica Emeh / Frankie Marsh

Mollie O'Brien / Dylan Jones

MUSIC

music

Battle of the Bands!

For the 2023 Showcase, this Luton-wide Schools event had Cardinal Newman Students involved in no less than four out of the eight bands that were involved.

It was hosted by QE School, and we were received by a packed house. Luton Music Service Rock Band B included our very own Finley Wells on Bass Guitar, Mirella DeLuca on Electric Guitar and Lucas Gallen also on Electric Guitar. Beatrice Wells fronted the band on Vocals. They performed Kate Bush's 'Running up the Hill' brilliantly!

Luton Music Service Rock Band A included our very own Grace Johnston on Vocals, Elijah Watson and Michal Wysocki on Electric Guitars and Abiel Contreras on Bass Guitar.

An extra Cardinal Newman Year 11 band was allowed to play Johnny B Good, because another school had dropped out. This band included future Cardinal Newman student Jasper Watson in Year 6! (little brother of Elijah).

Our very own band 'The Cardinals' stole the show being given the final slot of the evening and were cheered for the only encore of the night – we played three songs.

A huge thank you to the band who rehearsed tirelessly in their own time every Monday after school.

MUSIC

music



MUSIC

music

Battle of the Bands!

Tia Mendoza - Vocals

Freya O'Donoghue - Vocals

Lilia Coakley - Vocals

Grace Johnston - Vocals

Abiel Contreras - Trumpet/Bass Guitar

Michal Wysocki - Lead Guitar

Samuel Bridgeman - Drums

William Rand - Tenor Saxophone

Robert Protoduari - Alto Saxophone

Elijah Watson - Trumpet

Luigi Kidman - Trombone/Bass Guitar

Olivia Mascibroda - Piano

The Cardinals gigs do not end there, we played on 'The Mall' main indoor stage for the St. Patrick's Day festival on 18th March. There will be plenty more opportunities to hear The Cardinals in the future.

Well done again to everyone involved especially the students, parents & carers who came to watch and Mr Brown who is there every week helping me with the rehearsals.

Mr Carter

Curriculum Leader for Music

MUSIC

Luton Town St Patrick's Day

We were so pleased to be invited for the second year in a row to perform at this tremendous event, which turns Luton Town Centre green for the day. The Cardinal Newman Steel Band and Rock Band (The Cardinals) were booked to perform for an hour's slot on the indoor stage at The Mall.

The audience of shoppers and revellers was huge and they immediately warmed to our performances of songs including 'Signed, Sealed, Delivered' and 'Under the Sea'. I was stopped by various people who wanted to invite our band to events that they were organising! This demonstrates the talent we have at school.

Many thanks to all the performers and to parents and carers who came to support on the day. Special mention to Mr Brown and Mrs Keane who also supported us on the day.



Mr Carter

Curriculum Leader for Music

MUSIC

music



MATHEMATICS

mathematics

Sparx Maths

Well done to the following students who have completed the most work on Sparx Maths in their year groups:

Year 7:

Oluwaseun K
Ion B
Ugonna A
Zoe E
Jonathan A V
Michael K
Brooke H
Dylan M
Hanna MM
Lily C

Year 9:

Ashley J
Grace W
Celia M
Agnes J
Fabian R
Nicola Z
Emma W
Emilia J
David O
Emilia M

Year 11

Treesa L
Damilare A
Esther O
Bernice K
Jason L
Hope C
Jamie T
Diya S
Luca F
Gloria F

Year 8:

Nathan Z
Pamela K
Diza S
Alicja N
Sophie B
Johanna A
Isolina F
Julia J
Angelika D
Thomas K

Year 10:

Joshua A
Joseph P
Tex G-A
Malachy W
Shannon G
Daniele R S
Nicola S
Bruno G-A
Jan G
Milena C

Mrs Streater

Curriculum Leader for Maths



MATHEMATICS

mathematics

UK Intermediate Maths Challenge

The UK intermediate maths challenge is a national competition for students who excel at mathematics in Years 10 and 11. Students were chosen by their teachers to be entered into the competition and we had some excellent results. A big well done to Sean H who is through to the next round of the competition with only the top mathematicians in the country!

Year 10

Joseph P - Silver certificate and best in Year 10

Luigi K - Silver certificate

Ryan A - Bronze certificate

Gabby G - Bronze certificate

Nicolas P - Bronze certificate

Malachy W - Bronze certificate

Year 11

Sean H - Gold certificate

Leon M - Gold certificate

Mollie M - Silver certificate

Logan E - Silver certificate

Artur S - Silver certificate

Jamie T - Silver certificate

Ervinas D - Silver certificate

Adora A - Bronze certificate

Hope C - Bronze certificate

Luca F - Bronze Certificate

The Junior challenge is coming up in April and we look forward to seeing our Year 7 and 8 students doing just as well!

Mrs Streater

Curriculum Leader for Maths

PHYSICAL EDUCATION

physical education

New Football Kits

Thank you to My New Term and to Wayne Cartmel for sponsoring our new Football Kits! The students were delighted with how they have turned out.

Mr Brooks

Curriculum Leader for Physical Education



PHYSICAL EDUCATION

physical education

Basketball

Our Year 7 girls Basketball Team finished their basketball season with a 6th place finish at the County finals back in January. They can take pride in their performances throughout the year which saw them crowned Luton Champions!

The Year 7 boys Basketball Team finished off their season by winning bronze at the county finals in January by playing 6 games, winning 4, drawing 1 and losing 1. Superb attitude and effort from all involved. Well done boys.



PHYSICAL EDUCATION

physical education

Basketball

Year 9 Basketball County Champions!



PHYSICAL EDUCATION

physical education

Indoor Athletics

Huge congratulations to our Year 8 Indoor Athletics girls team who finished 3rd in their county competition. Also very well done to our Year 7 girls team who finished 5th!



PHYSICAL EDUCATION

physical education

Year 7/8 Girls Football



CNSPE @CNSPE1 · Mar 6

⚽ The year 7&8 girls won their football match the afternoon. A great team performance but special mention to Rosie, who had a stormer in goal! With Jazlyn nominated as player of the match ⚽



CNSPE @CNSPE1 · 2 Mar

⚽ The year 7/8 girls football team played their 2nd match of the week and showed that hard work pays off, with a 2-1 win ⚽



CNSPE @CNSPE1 · 9 Feb

⚽ The year 7/8 girls football team continued their positive start to the season with a 5-1 victory this afternoon ⚽



CNSPE @CNSPE1 · 3 Feb

⚽ The year 7/8 girls football team got their season off to a fantastic start yesterday with a win, we were blown away with their efforts and attitude in the game ⚽



CNSPE @CNSPE1 · 22 Feb

⚽ The year 7/8 girls football team were in cup action this afternoon, coming up against a very talented @WoodlandAcademy team and who went on to win the match. Good luck in the next round! ⚽



CNSPE @CNSPE1 · 1 Mar

⚽ Unfortunately the year 7/8 girls football team lost their fixture yesterday. The result does not do justice to the girls resilience and hard work. They play again tomorrow 🙌⚽

PHYSICAL EDUCATION

physical education

Year 7 Boys Football



CNSPE @CNSPE1 · 31 Jan

...

⚽ The year 7 boys football team got their league season off to a winning start this evening. Great effort from all involved ⚽



CNSPE @CNSPE1 · 7 Feb

...

⚽ The year 7 boys football team continued their unbeaten season with a fantastic team performance, special mention to Declan who was outstanding ⚽



CNSPE @CNSPE1 · 21 Feb

...

⚽ The year 7 boys football team continued their fine run of form with a win this evening, playing some fantastic football. Player of the match goes to Kayden ⚽

PHYSICAL EDUCATION

physical education

Year 7 Boys Football



CNSPE @CNSPE1 · 1 Mar

...

⚽ The year 7 boys football team won their game this afternoon. Great attitude shown by all of the boys and they represented the school with pride. Player Of The Match goes to Ollie 🏆⚽ @mynewterm



CNSPE @CNSPE1 · 13 Mar

...

⚽ The year 7 boys football team returned to action this afternoon with a win, following a highly competitive match, player of the match goes to Shay ⚽



CNSPE @CNSPE1 · 24 Mar

...

⚽ The Year 7 Boys Football won their County Cup QF this afternoon. Fantastic effort from all!! POTM goes to Ollie, with special mentions to Marc and Kian 🏆⚽

PHYSICAL EDUCATION

physical education

Year 8 Boys Football



CNSPE @CNSPE1 · 8 Feb

...

⚽ The year 8 boys football team got their league season off to a winning start with a fantastic team performance in their brand new away kits

@mynewterm ⚽



CNSPE @CNSPE1 · 1 Mar

...

⚽ The year 8 boys football team were in action yesterday and a gritty and determined performance was rewarded with a win 🏆 ⚽



CNSPE @CNSPE1 · 20 Mar

...

⚽ On Friday year 8s boys team were in action, they were 3-1 down half way through the second half but scored with the last kick of the game to take the win. Showing great resilience and character ⚽

PHYSICAL EDUCATION

physical education

Year 9 Boys Football



CNSPE @CNSPE1 · 15 Mar

...

⚽ The year 9 boys football team were back in action yesterday, with a much improved 2nd half performance bringing home the win! ⚽



CNSPE @CNSPE1 · 20 Mar

...

⚽ The year 9 boys team were also in action on Friday, in a tightly contested game, losing by 1 goal. ⚽



CNSPE @CNSPE1 · 22 Mar

...

⚽ The year 9 boys team were in action last night, putting in a great shift against a tough opponent, losing 3-1 ⚽

PHYSICAL EDUCATION

physical education

Year 10 Boys Football



CNSPE @CNSPE1 · 3 Feb

...

⚽ The year 10 boys football team finished their week off with a Friday night win in the cup. Winning 5-2 in extra time. Bene (4) & Carlo scoring the goals. However, it was a fantastic squad effort and show of tremendous character and resilience ⚽



CNSPE @CNSPE1 · 21 Feb

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⚽ The year 10 boys football team played some fantastic football this afternoon, with their hard work resulting in a win. Goals from Bene (2), Danielle & Carlo ⚽

PHYSICAL EDUCATION

physical education

Year 10 Boys Football



CNSPE @CNSPE1 · 2 Mar

...

⚽ The year 10 boys football team were back in action this afternoon, in their new away kit @mynewterm a great team performance ended with a well earned win ⚽



PHYSICAL EDUCATION

physical education

Year 10 Boys Football



CNSPE @CNSPE1 · 16 Mar

...

⚽ Superb character shown by the year 10 boys in their county cup game this afternoon, with the scores at 3-3 with 15 minutes to go, eventually winning 5-3. Dennis with his 1st goal of the season and Daniele scoring 4 ⚽⚽⚽⚽



CNSPE @CNSPE1 · 20 Mar

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⚽ The year 10 boys football team are through to the County Cup final following a closely contested 3-2 win in the semi-final, with some great football being played by both teams. Goals from Ben, Daniele & Kyron ⚽

PHYSICAL EDUCATION

physical education

Year 10 Boys Football



CNSPE @CNSPE1 · 1 Feb

...

⚽ A great start from the year 10 boys football team this afternoon in their league season and in their new shirts @mynewterm . Superb all round team performance resulting in a 3-1 win. Goals from Bene (2) & Carlo. Special mentions to Liam & Alan! ⚽



PHYSICAL EDUCATION

physical education

Kurling

There were some huge smiles on the faces of the students who attended the Kurling competition in February! It was a fantastic experience.

Cross Country

A fantastic effort from our cross country teams in January.

We had 9 students qualify for county. Special mention to Abbie who finished 2nd in the year 10/11 race and Olivia who finished 3rd in the year 8/9 race. Great resilience shown by all in tough conditions!

Well done to Niamh who competed in the Cross Country County event. She will now be going to Nationals!



Mr Brooks

Curriculum Leader for Physical Education

PHYSICAL EDUCATION

physical education

Luton Schools Netball Finals

Netball in school resumed after the Christmas break, as **ALL 4** squads qualified for the Luton Schools finals in January.

U16's Netball (Year 10 & 11)

The following Year 10 students were selected to play in the Luton Schools U16 Netball Finals. They finished runner up in their league section on goal difference and won their semi-final 14 -7. In the final, they ran out of steam in the 4th quarter having played two consecutive 40 minute games. Their opposition only played the final as their semi-final opposition did not provide a team! This was a commendable performance by the Year 10's who are all a year younger. They did recognise that the opposition deserved the win despite only playing one game in the afternoon to their two!

Year 10 Squad:

Jodecy Zunguza
Ifunanya Umeano
Arianna Claxton
Gabi Aletor
Ann- Elizabeth Ezeala
Kayla Oboh
Kacie Thomas
Sky Ihunga
Kelly Fergusion

PHYSICAL EDUCATION

physical education

UI6's Netball (Year 10 & 11)



PHYSICAL EDUCATION

physical education

Year 7 Netball

This group of players have been a joy to coach. They finished the league as runners up on goal difference. In the semi-final they played some lovely, measured netball scoring well every time they had possession. They are a hard-working team who created many errors in the opposition and managed to transition well to goal. The final was supposed to be a nervy affair. They were playing the school team that they drew with in the league 13 all. However, this proved not to be the case. They were nerveless and powered to an 11-2 opening quarter. They went on to win the contest 23-3. It was great to get all players on the court in the final and a special mention to Liliana P who went on in the final quarter as VLD when she normally is a shooter for the team! In the semi-final Alice B was named as the opposition MVP and in the final Evie M was named as MVP.

Year 7 Squad:

Zoe E
Evie M
Tess W
Martha C
Kayla - Rose A
Alice B
Zoey G
Celina M
Ellie J
Irisz U-K
Caitlyn S
Liliana P
Niamh D



PHYSICAL EDUCATION

physical education

Year 8 Netball

This squad is to be commended on the vast improvement they have all made as individuals and as a team since Year 7. In Year 7 they didn't win a game let alone make the finals...They went through to the finals as winners of their league having scored 63 goals and only letting in 3!

They played a sensible semi-final winning 18-4. In the final they won 11-2 and thoroughly deserved to be Champions. They defeated the team that they lost previously to as Year 7's - 16 - 1!

This team creates so many turnovers because of their whole team defensive pressure. They really do like and are good at 'hunting for the ball' from the opposition and intercepting. They are also pretty good at attacking and converting these chances into goals! Sheena Ward led from the front as Captain and was nominated by both opposition teams as MVP for the semi and the final.

Year 8 Squad:

Alicja Na
Stella B
Olivia B
Isolina F
Orla L
Mya A
Sheena W
Rhema E
Ella S
Amelia H



PHYSICAL EDUCATION

physical education

Year 9 Netball

It has been delightful to see the hard work that the squad have put in this season. They have fully committed to training and have made excellent progress. We have also welcomed some new players to the squad, and it has been great to see how quickly they have settled in, and the impact that they have made in strengthening our existing team.

As a result of the players' hard work, we finished in first place in the league. This meant that we would attend finals again, but the team were aiming to right the wrongs of our last experience last year.

In the semi-finals match, the team worked hard to take the lead quickly, and some excellent shooting and defending enabled us to gain the upper hand over the opposition quickly. This enabled us to qualify for the final. Although the team were apprehensive to play the final so quickly after their previous match, they quickly got back on court and made a firm impact by taking the lead quickly. The tiredness of our team took over in the third quarter and some simple mistakes enabled the opposition the chance to equal. However, the team fought back hard in the fourth quarter and took the title, winning by 2 goals! This was a fantastic result and an improvement from last season when the team finished in 2nd place. A thoroughly deserved victory and an excellent way of finishing the season! Well-done.

Year 9 Squad

Amelia Dubielak
Maisy McDermott
Jessica Emeh

Coleen Wedulo
Jane Mohideen Abdul Kadar
Kelci Mosiana-Nsasa

Gabrielle Muyumb Nsomp
Shayna Hibble
Chidera Nomeh

Mrs Topa

Assistant Curriculum Leader for Physical Education

PHYSICAL EDUCATION

physical education

Year 9 Netball



PHYSICAL EDUCATION

Over 50 fixtures, tournaments and competitions have been completed this term, with several teams winning district and county competitions. We have also seen teams progress to finals in both county and regional competitions, with fixtures still yet to be played. A huge well done to all the students who have represented Cardinal Newman this term and those who have attended the many sports clubs on offer. Thank you also to parents and carers for their continuing support of all the sports fixtures. A final thank you to all the members of the PE department who have ensured that students have access to these fantastic opportunities.

Mr Brooks, Mrs Topa, Mrs Slawinski, Mr Armstrong, Mrs Johnson, Mr Treanor, Mrs Marques, Mr Launay & Mr Sarsfield.

A big thank you to all players for bringing their hard work and fun to all our training sessions and matches.

Special thanks to Miss Johnson and Mrs Marques for all their support in helping us running all teams.

A huge thanks to our parents & carers too, for all the support given to students and the PE department so they can play netball.

With thanks,
Mrs Slawinski & Mrs Topa