



**Cardinal
Newman**
CATHOLIC SCHOOL

Year 8 Options Booklet 2021

For Students in year 8 – 2020-21

Message from the Head Teacher

Dear Year 8 pupil,

When you move into Year 9 next September you will be embarking on an exciting and important phase of your academic career. This has been a strange year and you have not been in school for a considerable amount of time. However, you have still been learning and your teachers have continued to guide you during these difficult times. We still have to continue to prepare for the future and for what lies before us in school. The options process is a time of great possibility, of tough decisions, and of serious self-reflection. The latter is the most crucial – take the time to identify what you really want from your education – and treat these choices with care. Get them right, and they can go a long way to unlocking your academic potential and to ensuring you enjoy lessons and thrive at school.

We have produced this booklet/process to help you make these choices. In it you will find details concerning the 'core' and the various additional options open to you. I hope you will find it useful and informative.

We have made it our policy broadly to follow the National Curriculum, while offering a flexibility of choice, and much that goes beyond the National Curriculum. We believe that a curriculum should be broad in the subjects on offer, and balanced in the subjects it prescribes. In particular, by the age of sixteen you should have achieved a good grounding in the Sciences and the Humanities, as well as sound levels in literacy and numeracy. These are the principles that have guided our choice of core subjects and options.

I am very proud of every subject area and every teacher here at CNS, and have great confidence in our staff. I know whichever courses you choose to do, you will receive the highest quality teaching and opportunities that rival any in other schools nationally. You will be supported at every stage by your Form Tutor, teachers and all staff. However, you also need to know that being successful at KS4 demands maturity, and that maturity begins now by making sure you choose your courses wisely. I very much look forward to supporting you with this process and the next exciting chapter in your life at CNS.

In short – there is much to ponder. One piece of advice would be to embrace this and treat it as an opportunity – and I know it's easy to become overwhelmed by the possibilities. The most important thing is that you pick the courses that make you happy, that make you love to learn, and wake up on Monday morning smiling to come to school. We all do our best when we are happy. All we ever ask from you is to be the best version of yourself every day.

Mr Bull

Head Teacher

Introduction to Year 9

In year 9 you will continue to study the following compulsory subjects

Will continue with in Year 10	Must Choose between in year 10	Must select at least one of in year 9
English	History	Art
Maths	Geography	Graphics
Science		Resistant Materials
RE		Textiles
PE Compulsory		Drama
PSHE		Computer Science
French or Polish		Food
		Music

Whilst some courses are compulsory, others are optional, and thus selecting the subjects to study is known as 'Options'.

Students should aim to make selections for year 9 and Key Stage 4 which will support progression to Key Stage 5 AND or life beyond education.

Before making subject choices for Years 9, 10 and 11, it is important to understand the following:

- Which subjects are compulsory at Key Stage 4
- Which subjects are available as optional courses
- What each of the optional courses covers and reasons why you may enjoy it
- Options restrictions and our recommendations

The pages in this document should provide you with the answers to these questions.

Our Curriculum

Curriculum Overviews

Our subject leaders and their teams have spent the last term reviewing what they teach to ensure that our curriculum, across every subject, will challenge students to achieve the very best they can. We have achieved this through considering carefully what we teach, why we teach it and in which order we teach it, in order to maximise the opportunity for students to learn each subject as effectively as possible.

Our subject leaders have, with their teams, written an overview for their subject in year 9 and at Key Stage 4 (Years 10 and 11) which are produced at the end of this booklet. These give a detailed understanding of what is taught in each subject to help students make informed decisions about which courses to select.

Core Curriculum

All students will study the core curriculum which is compulsory. The subjects which make-up the 'core' in Year 9 include:

- English (English Language and English Literature)
- French
- Geography
- History
- Mathematics
- Science
- Physical Education (PE)
- Personal, Social & Health Education (PSHE)
- Religious Education (RE)

Option Choices

In addition to the core curriculum, students will have a range of different choices they can make:

Students can make 3 Option choices from the following (excluding restrictions listed below);

- Art and Design*
- Arts Award (only for certain students)
- Business
- Computer Science
- Drama
- Food

- Graphics*
- Health & Social Care
- Media
- PE (option)
- Resistant Materials*
- Textiles*

*Restrictions on choices

Some subjects count as the same qualification and therefore cannot be taken together.

Only one of the following qualifications can be taken:

- Art and Design
- Graphics
- Resistant Materials
- Textiles

Changing courses later

Students must be aware that it is difficult and often impossible to change choices once the courses have started in September. If a particular course is full and a student requests moving onto it, this will not be possible.

Dropping subjects

All students are expected to complete every course they start. Students will not be allowed to drop courses. It is essential therefore when selecting courses that students read the subject overview carefully, talk to teachers and opt for subjects which will support their career aspirations as well as interest them.

We will make every effort to ensure students get the courses they select. There are times, however, when another choice is offered in place of the selected first choice, which is why we are asking all students to select three reserve choices. Students and their parents/carers will always be consulted in these circumstances.

How to log in and complete the online options form

You can watch the following Video to show you how to activate your account

https://youtu.be/Vf_xpUK3PIM

Once you have activated your account you need to log back in to make your option choices. You need to go to this site to do this.

www.sims-options.co.uk

A paper copy of the instructions have been sent along with the ParentMail.

Choosing your Options

Step 1 – login and you should see this screen

The screenshot displays the 'Languages - Option D' section, which instructs users to choose between French and Polish. Below this, there are two buttons: 'French Key Stage 3' and 'Polish Key Stage 3'. To the right of these buttons, there is a section titled 'My Choices in Order of Preference' with a sub-header '(Total Choices: 0)'. This section contains instructions on how to change the order of preference and a status 'No courses selected.' Below the language section, there is an 'Option A' section listing various subjects: Art, Computer Science, Drama, Food, Graphics, Music, and Resistant Materials. At the bottom of this section, there is a status bar indicating 'You have chosen 0 of 1 courses and 0 of 1 reserves from this list'. To the right of the 'Option A' section, there is another section titled 'My Reserves in Order of Preference' with a sub-header '(Total Reserves: 0)'. This section contains instructions on how to change the order of preference and a status 'No reserves selected.'

Your first task is to choose between French and Polish. Once you have done this it will appear on the right-hand side of your screen.

Step 2- You are required to choose one choice and one reserve from option A. Once you have done this your options will appear on the right-hand side of the screen.

Step 3 – You are required to choose one choice and one reserve from option B. Once you have done this your options will appear on the right-hand side of the screen.

You have chosen 0 of 1 courses and 0 of 1 reserves from this list

Art Key Stage 3 <i>This course is also available in other lists.</i>	Reserve	Business S Key Stage 3 <i>This course is also available in other lists.</i>	Reserve
Computer Science Key Stage 3 <i>This course is also available in other lists.</i>	Reserve	Graphics Key Stage 3 <i>This course is also available in other lists.</i>	Reserve
H&S Care Key Stage 3 <i>This course is also available in Option A</i>	Reserve	Media Studies Key Stage 3 <i>This course is also available in Option A</i>	Reserve
OPTION PE Key Stage 3 <i>This course is also available in Option C</i>	Reserve	Resisant Materials Key Stage 3 <i>This course is also available in other lists.</i>	Reserve
Textiles Key Stage 3 <i>This course is also available in Option C</i>	Reserve		

Step 4 - You are required to choose one choice and one reserve from option C. Once you have done this your options will appear on the right-hand side of the screen.

Step 5 – You are now required to rank your options from 1-4 with 1 being your first option (list your language as your 4th options as it is compulsory).

Step 6 - You are now required to rank your reserve options from 1-3 with 1 being your first reserve option you would be willing to study.

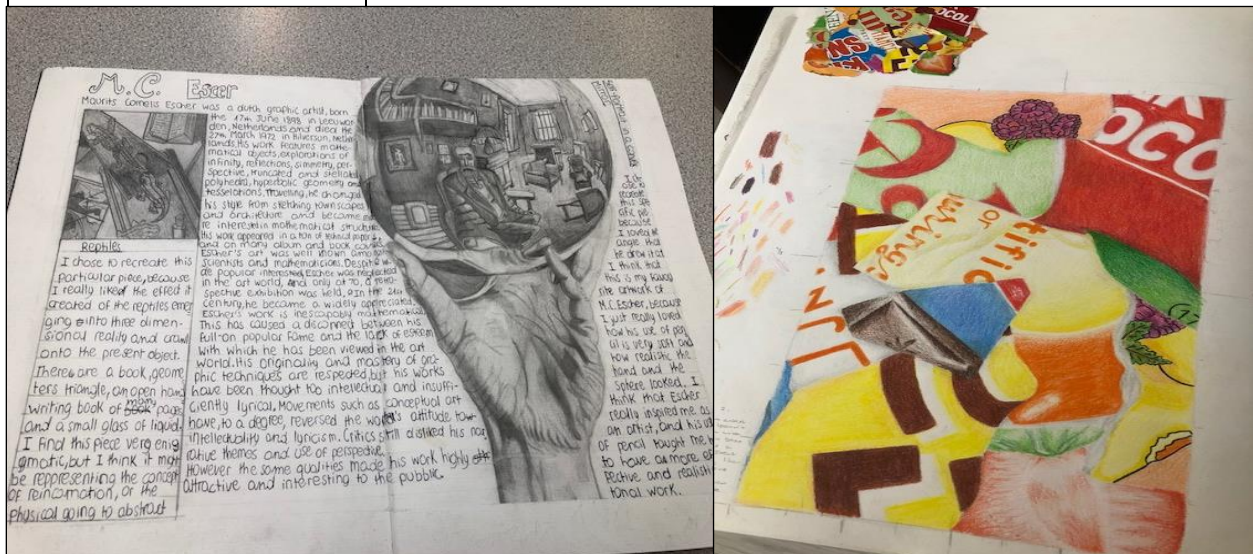
Step 7 – Once you have checked your options and your reserves are in the correct order you need to save your selections. *Please make sure that you have made the right choices as once you click save you cannot make any more changes.*

Art

Miss S Smith & Mrs K Bignall



Assessment:	All work is graded linked to Assessment Objectives set by the exam board used in Year 10 and Year 11. This is so students can familiarise themselves with how they would be assessed if they were to choose Art as a GCSE.
Course Outline:	The course aims to encourage and develop creative expression. Sketchbooks and folders will be used to record observations, experiences and ideas to help create final pieces. They will also be expected to analyse and evaluate artists' work and make connections from their work to the work of others. Students will also develop and explore ideas using different media and processes.
Progression routes:	This course can lead on GCSE Art. Once completed in Year 11, you could enroll on further courses offered by Sixth Form Colleges and other further education colleges in a variety of creative fields, including Graphic Design, 3D Design, Architecture, Animation, Print Making and other areas in the creative industries.
Year 9	Learning will consist of practical workshops focused on developing the key skills of drawing, painting, sculpturing and photography, students will then generate a presentation of all the best elements of their work. They will also focus on experimenting with different media and exploring techniques to encourage their creative skills. There will be an opportunity to develop larger scale final pieces and examine in depth the work of artists and designers. Students will develop their Art skills relating to how the exam board assess their work.



Why Business Studies in Year 9 at Cardinal Newman?

- ✓ We are a Great Department and achieve excellent GCSE results.
- ✓ We have a range of modern facilities that students are free to use at any time.

Business Studies

Mr Hanif (Head of Department) Mrs Peters (2nd in Dept)

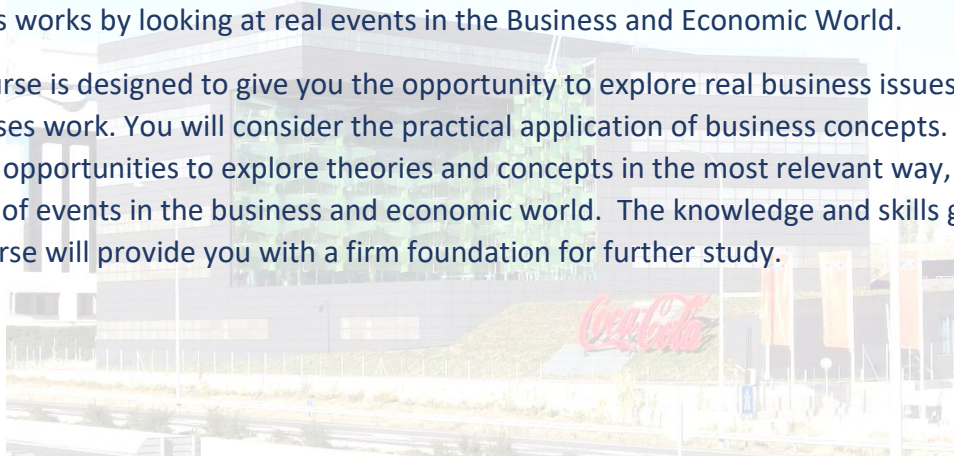


You are expected to do the best that you can this includes classwork and homework. You should complete the relevant section from the workbook for homework and use your exam study booklet and textbook to support your knowledge and understanding. You should respond to all feedback using a **RED** pen.

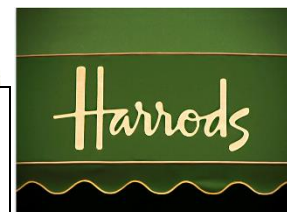
What will the course involve?

In year 9 you will be introduced to the real business issues and explore how the world of business works by looking at real events in the Business and Economic World.

This course is designed to give you the opportunity to explore real business issues and how businesses work. You will consider the practical application of business concepts. The units provide opportunities to explore theories and concepts in the most relevant way, through the context of events in the business and economic world. The knowledge and skills gained from this course will provide you with a firm foundation for further study.



In Year 9 students will start to explore elements of <u>Business in the Real World</u> and influences on business	In Year 9 students will start to explore elements of <u>Marketing</u>	In Year 9 students will start to explore elements of <u>Finance and Human Resources</u>
<p>You will learn about the purpose of business activity, the role of business enterprise and entrepreneurship, and the dynamic nature of business.</p> <p>You will learn about the importance of external influences on business and how businesses change in response to these influences.</p>	<p>You will learn about the purpose of marketing, its role within business and how it influences business activity.</p> <p>You will be taking part in the Marketing Mix Challenge where you will be developing a new product and focusing on:</p> <ul style="list-style-type: none"> • Product • Promotion • Place • Price 	<p>You will learn about the purpose of the finance function, its role within business and how it influences business activity.</p> <p>You will understand the purpose of human resources, its role within business and how it influences business activity.</p>



[Computer Science]

[Mr K Govender (HOD), Mr M Aruna, Ms A Veiou, Mrs A Sulthana]

THEORY

Students Learn about:

eSafety - Sexting, bullying & exploitation This is done twice a year at the beginning and in June/July, Types & Reliability of computer systems, Computer standards, legal, Environmental issues, The Computer Processor, Computer Memory, Computer Number, System – Binary, Input & Output devices, Secondary storage - hard disks, Computer system software & Memory, Applications software, Hexadecimal number system, Representations of sounds & images.

PROGRAMMING

Students Learn about:

A new text-based programming language called Python. They will learn how to write programs to solve problems. An example of a problem: Write a computer programme to allow a person to enter their exam percentage and the computer should print out a grade.

Students will learn how to input values into a variable, select information and print results.



Digital IT

Students Learn about:

spreadsheets and how to use data from a very large spreadsheet.

They will also learn about investigating and developing websites.

[why study computer science - YouTube](#)

DRAMA

Mrs Wigley, Mrs Cleary, Mr Mulholland, Mrs McHugh



Why choose Drama?

Drama students **enjoy performing** with and for their peers.

Drama students **enjoy** expanding their **theoretical knowledge** of Drama.

Students enjoy Drama because they:

- create theatre using their own ideas
- work collaboratively with others
- discuss their points of view
- watch live theatre
- have an increased allocation of Drama lessons on their timetable of three lessons a fortnight

Employability Skills

Drama students are creative, passionate, flexible, imaginative, resourceful, problem solvers, spontaneous, team collaborators, leaders, independent and critical thinkers, confident communicators, organised, self-motivated and resilient.

The skills above are transferrable to all areas of employment. The subject of Drama:

- Builds your confidence - ideal for the interviewing process and for presentations
- Demonstrates creativity - showing skills of innovation and entrepreneurialism
- Teaches you how to work in a team - extremely beneficial when working and problem solving with others.

What will I do throughout the course?

Throughout the course you will develop your:

- **performance techniques** - research, interpretation, improvisation
- **knowledge and understanding** of style, genre and social context

- **design skills** - interpretation of visual and design impacts and the use of scenic devices
- **independent thinking and working**
- **Creative and imaginative powers**, and the practical skills for communicating and expressing ideas, feelings and meanings in drama
- Investigative, analytical and experimental capabilities, **artistic understanding and critical skills**

Year 9 Course Areas of Study

- The study and performance of scripted plays
- Devised thematic work
- Exploration of different styles of Drama
- Live theatre visits/ response to live theatre
- The use of lighting/sound
- The use of set and properties

The course is designed to thoroughly prepare students for further study at Key stage 4.

Why did you choose to take Drama?

“Drama gives me the chance to express myself. It gives me the chance to interact and work with other people which is a skill needed in everyday life.” Sinead Turk, KS4 Student

Enjoying performing is key to succeeding in Drama



Engineering Design

Assessment:	All work is graded linked to Assessment Objectives set by the exam board used in Year 10 and Year 11. This is so students can familiarise themselves with how they would be assessed if they were to choose Engineering Design as a qualification (OCR Cambridge National L1/2 in Engineering Design).
Course Outline:	<p>Students undertake 3 projects in Year 9 that will help gain a greater understanding of Engineering Design and develop their skills in the following areas:</p> <ul style="list-style-type: none"> ▪ Technical Drawing – different approaches ▪ Computer Aided Design ▪ Testing and Evaluating ▪ Design Appreciation ▪ Product Disassemble. ▪ Manufacturing Processes ▪ Material testing <p>You will also have the opportunity to design, make and evaluate products such as jewelry boxes, MP3 speakers, 3D lighting and create maquettes.</p>
Progression routes:	This course can lead on a Cambridge National Award/Certificate in Engineering Design. Once completed in Year 11, you could enroll on further courses offered by Sixth Form Colleges and other further education colleges in a variety of design fields, including 3D Design, Software Design, Product Design and other areas in the creative industries.
Year 9	Through a series of projects and live briefs, students will develop the key skills of technical drawing, design principles, design development, testing materials, evaluating them as well a variety of different design/making processes. These projects/briefs include; creating a product from concept to final idea, designing for packaging and sharing an understanding of how a product works. For each brief students will generate a presentation of all the best elements of their work. They will also focus on experimenting with different materials, tools and equipment following health and safety protocols. Students will also study a range of contemporary designers and craftspeople to inform their work. Students will have the opportunity to showcase their work through school and national competitions (Rotary Engineering Club and Design Ventura).

Year 9 Option: Food Preparation and Nutrition

Taught by Two Specialist Subject Teachers

Our aim within Food Preparation and Nutrition is to offer all students the very best teaching and learning building on skills and knowledge and developing a real passion and enjoyment for the subject. Food Preparation and Nutrition links has strong links with other subjects such as Science, PE, and Health & Social Care.

Within Food Preparation you will:

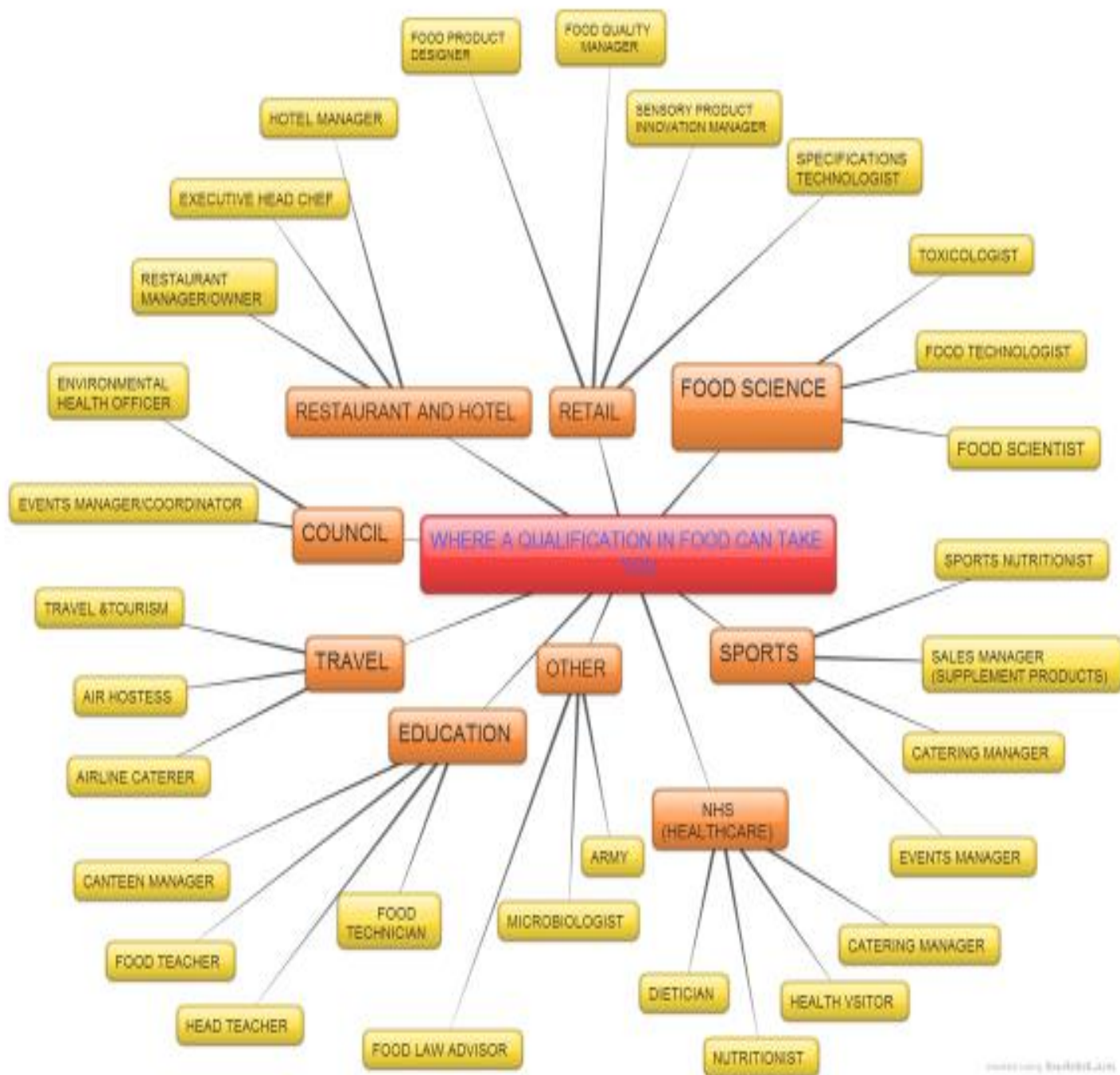
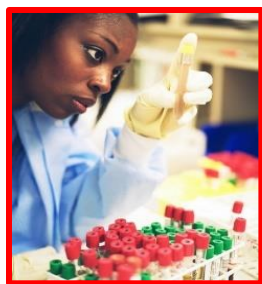
- Continue to develop high level food skills that will help you to progress in the subject also learn about different multicultural, ethical, environmental and other issues concerning food preparation and food choice.
- Cook a variety of interesting and diverse dishes both savoury and sweet to meet the needs of different individuals.
- Learn about the importance nutrition and meal planning.
- Understand about different ingredients and their functions by completing different types of food investigations.
- Learn how to manage your time effectively while working independently.
- Develop your ability to work under pressure, work with others, solve problems whilst building resilience.

During Year 9 you will have the opportunity of cooking every week and you will also have a theory lesson which will deepen your understanding of food and nutrition through a variety of different activities.

Our hope at CNS is that through Food and Nutrition students will be empowered with the necessary knowledge and skills to become discriminating consumers of food products. Enabling them to participate in an ever-changing society in an active and informed manner. Also exploring the pleasure, richness and variety that food adds to life.

Taking Food Preparation can lead you onto a very rewarding career, many of which offer rewarding roles with a great job satisfaction. Chef, Personal Trainer, Restaurant owner, Food developer, Health Care Assistant, Teacher, Nurse, Youth worker, Nursery Nurse, Child-minder, Physiotherapist, Dietician, Doctor, Food scientist, food blogger, Social Worker and so much more...

please see overleaf



Graphics



Assessment:	All work is graded linked to Assessment Objectives set by the exam board used in Year 10 and Year 11. This is so students can familiarise themselves with how they would be assessed if they were to choose Art as a GCSE.
Course Outline:	<p>This title is defined as the process of creating primarily visual material to convey information, ideas and emotions through the use of graphic elements such as colour, icons, images, typography and photographs.</p> <p>Students undertaking the graphic communication title are required to demonstrate the knowledge, skills and understanding one or more of the following areas:</p> <ul style="list-style-type: none"> • Advertising • Communication graphics • Design for print • Illustration • Interactive design (including web, app and game) • Multi-media • Package design • Signage • Typography.
Progression routes:	This course can lead on GCSE Graphics. Once completed in Year 11, you could enroll on further courses offered by Sixth Form Colleges and other further education colleges in a variety of creative fields, including Graphic Design, 3D Design, Architecture, Games Design, Illustration, Animation, Print Making and other areas in the creative industries.
Year 9	<p>Through a series of live briefs and competitions students will develop the key skills of drawing, design principles, design development, typography, colour theory and photography. These briefs include advertising, design for print, packaging design and communication graphics. For each brief students will generate a presentation of all the best elements of their work. They will also focus on experimenting with different media and exploring techniques to encourage their creative skills.</p> <p>Students will also study a range of contemporary designers and artists to inform their work. Students will have the opportunity to showcase their work through school and national competitions, and school exhibitions.</p>

HEALTH AND SOCIAL CARE

Miss Burns, Mrs Richards, Ms Palmer, Mr Adams

You will be introduced to the Health and Social Care dept and the topics we cover in our subject. Some of the topics you will cover during year 9 will be;

Children's learning and development

The work will involve researching and then creating a suitable book for a child. You will look into the different areas of development



Healthy Living

You will develop a deeper understanding of what it means to be healthy and maintain a healthy lifestyle. You will also look at the different factors that can impact our lives.

Mental Health

Discover the different types of mental health disorders and the impact they can have on the individual and people around them. Look into the stigma around mental health and create a campaign to overcome this

Where can Health and Social Care take you.....

Nurse

Occupational
therapist

Paramedic

Social
worker

Why Study Media Studies in Year 9 at Cardinal Newman?

- ✓ We are an Outstanding Department and achieve excellent GCSE results.
- ✓ We have a range of modern equipment that students are free to use at any time.

Media Studies

Mr Roberts (Head of Department), Mrs Frazer and Miss Blackbird

- ✓ Our course can help students develop their analytical skills and ability to construct an argument both verbally and in their written, which would bolster their confidence in subjects such as English and History.
- ✓ We offer the creative element of course work which allows students to be innovative and showcase their practical skills.

Overview

Media Studies at Cardinal Newman is a contemporary and dynamic subject that offers students the opportunity to study an intellectually stimulating and contextually relevant range of exciting products. As well as engaging with a plethora of rich and stimulating products, students will be expected to apply their understanding to a creative practical piece of their own design. If you are the sort of student who enjoys debating current issues such as the representation of Brexit in national newspapers; who likes analysing meaning in historical and contemporary texts such as women in Vogue in 1969 compared to today; and who wants to produce their own media products, then Media Studies is the choice for you!

What will the course involve?

In year 9 you will be introduced to the main concepts that underpin the subject and also the opportunity to create different media products such as a website, adverts and film marketing, magazines and a music video. You will learn how to use Wix, Photoshop Elements and Premier Pro Elements.



In Year 9 students will start to explore elements of <u>Exploring the Media</u>	In Year 9 students will start to explore elements of <u>Understanding Media Forms and Products</u>	In Year 9 students will produce 5 different media products <u>Media Production</u>
<p>Products that we shall study in Year 9 may include any of the following:</p> <ul style="list-style-type: none"> • GQ Magazine • Vogue Magazine • Advertising campaigns from 1960s and 2010s • Film marketing campaigns such as <i>Black Panther</i> 	<p>Products that we shall study in Year 9 may include any of the following:</p> <ul style="list-style-type: none"> • Little Mix 'Shout out to my Ex; • Ed Sheeran 'Shape of You' • Michael Jackson 'Black or White' 	<p>Students will be given the opportunity to explore their creative ideas linked to brief. The briefs for Year 9 are as follows:</p> <ul style="list-style-type: none"> • Advertising: create a music video to promote a new band • Magazines: create a print or online-based magazine. • Websites: Create your own website for a new film.



Music

Mr. S. Carter

Thinking of choosing Music?



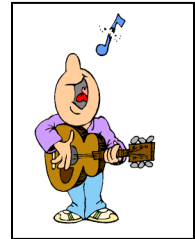
You will need to do 4 things in Year 9 Music;

1. **Perform Solo.** You can choose to play an instrument, sing, rap, beatbox or MC. You don't have to be a high standard, but I will expect you to improve by practising.
2. **Perform in an ensemble.** You will take a part in a group of two or more contributing your part to an overall performance.
3. **Compose music.** You will Learn how to create your own music using either "Garage band" software or with real instruments.
4. **Listen to music.** You will learn how to describe what you can hear, using technical musical language.



Why choose Music?

What can I do with Music skills?



As well as the 120,000 careers in the music industry in this country, further education colleges and employers value music skills for other careers too because;

1. They show good group co-operation and that you can work as part of a team when you have been in a music group/band/choir
2. You don't mind doing extra-curricular music which shows you pursue your interests even in your own time.
3. To learn an instrument or to sing properly requires dedicated practice and determination and shows you can persevere with it to get good.
4. You have confidence to perform in public and you are not the sort of person to shy away from a challenge.

Physical Education

Mr P Adams, Mr J Emmett, Mrs K Slawinski, Miss C Murphy, Mr P Gale, Miss L Palmer, Mrs V Topa, Mr G Billington, Mr J Piotrowski

'An engaging, broad and stimulating introduction to the world of Sport and Fitness.'



Art Textiles

Mrs B Kravcova

Assessment:	All work is graded linked to Assessment Objectives set by the exam board used in Year 10 and Year 11. This is so students can familiarise themselves with how they would be assessed if they were to choose Textiles as a GCSE.
Course Outline:	<p>This title is defined as the creation of designs and products for woven, knitted, stitched or printed fabrics and involves an understanding of fibres, yarns and fabrics. Students undertaking Art Textiles will learn to demonstrate the knowledge, skills and understanding that would help them develop as a Textiles Designer. Areas of study include:</p> <ul style="list-style-type: none"> • Constructed textiles • Digital textiles • Dyed fabrics • Printed fabrics • Fashion design • Installed textiles • Soft furnishings • Stitched and/or embellished textiles.
Progression routes:	This course can lead on GCSE Art Textiles. Once completed at the end of Year 11, this qualification can lead to further education courses offered by Sixth Form Colleges and other further education colleges in a variety of creative fields, including, Print Making, Fashion Design, Textiles and Interior Design.
Year 9	Learning will consist of practical workshops focused on developing the key skills of drawing, painting, sculpturing, sewing and photography. Students will then generate a presentation of all the best elements of their work. They will also focus on experimenting with different art and textiles media. Exploring techniques and developing creative approaches to encourage their creative skills. There will be an opportunity to develop larger scale final pieces and examine in depth the work of artists and designers. Students will develop their Art and Textiles skills to produce a personal imaginative outcomes relating to how the exam board would assess their work.



