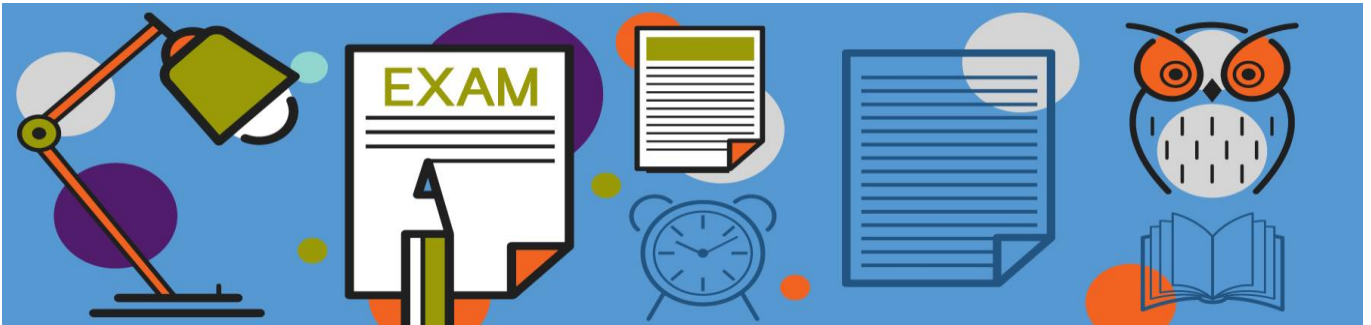


YEAR 11

Weekly Intervention



- See your teacher about extra support sessions.
- All sessions are after school unless otherwise stated.

Cardinal
Newman
CATHOLIC SCHOOL



Together towards our Lord, through learning, love and faith

MONDAY

ART

ART Block

Ms Farnham & Mr Petrie in A1 and A3

BUSINESS

Maryvale House

Ms Begum in G2

DRAMA

Drama Block

Ms Keane in DRI (PRACTICAL)

ENGINEERING

In room T9

GEOGRAPHY

Main Block

Mr Cunningham in room 18

HEALTH & SOCIAL CARE

Littlemore House

Ms Burns in B5

HISTORY

Ms Thoullass in Room 24

MFL

MFL Block

See Ms Conway in N1

RE

Littlemore House

See your RE teacher for details or see Mr

Makokha in B11

SCIENCE

Science Block

- Biology S3
- Combined Science (Foundation) S10

STUDY CLUB

iBlock

See Mr Kirby and Ms McSweeney i4

TEXTILES

Art Block

See Ms Kravcova in room A2

BUSINESS

Maryvale House
Ms Chappell in G5

ENGLISH

Main Block
See your English Teacher

GEOGRAPHY

Main Block
See Ms Archer in room 17

HEALTH & SOCIAL CARE

Littlemore House
See Ms Burns in B5

MATHS

Main Block
Foundation in room 16
Higher in room 15

SCIENCE

Science Block

- Combined Science (Higher) in S6
- Combined Science (Foundation) in S5
- Triple Science in S9
- Required Practicals in S8

WEDNESDAY

ART & TEXTILES

Art Block
Rooms A1, A2 and A3

BUSINESS

Maryvale House
G6,

DRAMA (Written)

Drama Block
DRI

ENGINEERING

Room T9

FOOD

Science Block
Room T2

GRAPHICS

Main Block
Room R2

GEOGRAPHY

Main Block, Room I9 with Ms Chauchan,

HEALTH & SOCIAL CARE

Littlemore House
Room B5, Ms Burns.

ENGLISH

Main Block
See your teacher

HISTORY

Main Block
07:30 Room 21, Ms Keane
15:00 Room 23, Ms Welch

PE

Sports Hall
See Mr Brooks

MATHS

Main Block
Foundation Maths in Room 12

SCIENCE

Science Block
Combined Science (Higher) in room S6
Triple Science in S2

THURSDAY

MEDIA STUDIES CI SEE MS FRASER

LIMITED SESSIONS DUE TO STAFF TRAINING EACH THURSDAY

FRIDAY

DRAMA

(Practical)

Drama Block

DR1, Ms Keane

MATHS

Main Block

Room 10, Higher with Mr Paparam

RE

Ask your RE teacher for details or see

Mr Makokha in B11

Please see your teacher to ask for when sessions are for:

- Computer Science
- Music

REVISION ADVICE

Do!

Do plan your revision materials ahead of time – Separate topics into clearly divided sections and reduce long essays into bitesize notes for easier learning. Practice mathematical equations regularly. Separate subject revision into clear time slots and stick to the time.

Do test yourself – Write and re-write your notes from memory to ensure facts are stored in your brain in the long-term. Practice mathematical equations and science end of topic sections. Ask a parent or friend to create short quizzes for you to complete.

Do start early – It is scientifically proven that our brains are more energized and active in the mornings. Wake up in good time and be ready to start revising. Finish in the evenings in good time so that you can relax and allow all the revision to sink in! A good night's sleep will also ensure you awake feeling refreshed for the day of revising ahead.

Don't

Don't keep putting off work – Put away your mobile phone, iPad, laptop and anything else that is a distraction! Plan when you are studying and when you are seeing friends and family. Revision/ study is best done daily to ensure your brain retains all the information and all the facts you've been learning.

Don't work in a noisy place – Find a nice quiet room at home or in a local library where you can revise in peace and quiet.

Don't feel defeated – You are not alone! All your peers are in the same situation. Share your revision techniques with your friends and stay positive. Allow your body and mind to rest when you've worked hard. And remember that once you've sat your exams, you'll have plenty of time to relax! The longest summer holiday ever is on it's way.

PLAN YOUR INDEPENDENT STUDY

	MON	TUE	WED	THUR	FRI	SAT	SUN
08:00 – 09:00							
09:00 – 10:00							
10:00 – 11:00							
11:00 – 12:00							
13:00 – 14:00							
14:00 – 15:00							
15:00 – 16:00							
16:00 – 17:00							
17:00 – 18:00							

PLAN YOUR INDEPENDENT STUDY

	MON	TUE	WED	THUR	FRI	SAT	SUN
08:00 – 09:00							
09:00 – 10:00							
10:00 – 11:00							
11:00 – 12:00							
13:00 – 14:00							
14:00 – 15:00							
15:00 – 16:00							
16:00 – 17:00							
17:00 – 18:00							

KEY STAFF CONTACTS

HEAD OF MATHS	MS STREATER ssreater@cardinalnewmanschool.net
HEAD OF ENGLISH	MR GARVEY ngarvey@cardinalnewmanschool.net
HEAD OF SCIENCE	MS RAZA araza@cardinalnewmanschool.net
HEAD OF RE	MR MAKOKHA lmakokha@cardinalnewmanschool.net
HEAD OF PE	MR BROOKS jbrooks@cardinalnewmanschool.net
HEAD OF ART AND DESIGN	MS BIGNELL kbignell@cardinalnewmanschool.net
HEAD OF BUSINESS	MR HANIF yhanif@cardinalnewmanschool.net
HEAD OF COMPUTER SCIENCE	MR GOVENDER kgovender@cardinalnewmanschool.net
HEAD OF DRAMA	MS KEANE ckeane@cardinalnewmanschool.net
HEAD OF FOOD TECHNOLOGY	MS WINT swint@cardinalnewmanschool.net
HEAD OF HUMANITIES (GEOGRAPHY AND HISTORY)	MS THOULASS ethoulass@cardinalnewmanschool.net
HEAD OF MEDIA	MS FRASER hfraser@cardinalnewmanschool.net
HEAD OF MFL	MS CONWAY cconway@cardinalnewmanschool.net
HEAD OF MUSIC	MR CARTER scarter@cardinalnewmanschool.net
HEAD OF YEAR	MR KIRBY tkirby@cardinalnewmanschool.net
ASSISTANT HEAD OF YEAR	MS McSWEENEY smcsweeney@cardinalnewmanschool.net
CAREERS ADVISOR	MS McNEIL cmcneil@cardinalnewmanschool.net

CNS TOP REVISION TIPS

Make a plan!

Starting early and making a revision plan is a great way to make exams less stressful.

You can download a revision planner from

www.oxfordsecondary.co.uk/revision



Find a quiet place

Find a quiet space at home or at school where you can work without being disturbed.



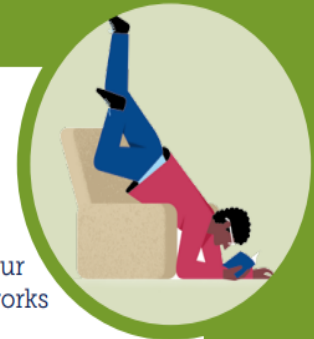
Stay healthy

Studying requires brain power, so make sure you fuel your brain with healthy meals and snacks.



Make it work for you

The way you revise best may be different to how your friend does, so find what works best for YOU.



Practice makes perfect

Test yourself at the end of a topic and use exam-style questions to see how you're getting on. Going through past papers is a great way to prepare.



Get support from family & friends

Get support from family and friends. Let them know when you need space and time to study.



Take regular breaks

Schedule short breaks and give your brain a rest once in a while.

Reward yourself when you've completed a task to keep yourself motivated.



Use **kerboodle**

Kerboodle is packed with digital support materials and exam practice to help you succeed.

Visit www.kerboodle.com to find out more.

